



# TRAUMA-INFORMED RESOURCES

## Key points

1. Understand how traumatic circumstances and events in students' lives can lead to challenging school experiences for you and them.
2. Make adjustments in school culture and practices to better support these students to succeed in school and life.

## Guides and Toolkits

**[Child Trauma Toolkit for Educators](#)**, from the National Child Traumatic Stress Network

[http://www.nctsn.org/sites/default/files/assets/pdfs/Child\\_Trauma\\_Toolkit\\_Final.pdf](http://www.nctsn.org/sites/default/files/assets/pdfs/Child_Trauma_Toolkit_Final.pdf)

### **Trauma and Learning Policy Initiative:**

- *Helping Traumatized Children Learn (Vol. 1): A Report and Policy Agenda* (2005)  
<https://traumasensitiveschools.org/>

## Videos: Background on Trauma & How to Respond

- TED Talk: **[How Childhood Trauma Affects Health Across a Lifetime](#)**, Nadine Burke Harris
- **[Understanding the Impact of Trauma](#)**, Georgetown University's Center for Child and Human Development <http://gucchdtacenter.georgetown.edu/TraumaInformedCare/Module1.html>
- **[Building Adult Capabilities to Improve Child Outcomes: A Theory of Change](#)**, Harvard's Center on the Developing Child <http://developingchild.harvard.edu/resources/building-adult-capabilities-to-improve-child-outcomes-a-theory-of-change/>
- **[Addressing the Effects of Trauma in Schools](#)**, REL West webinar series (2016)  
<https://relwest.wested.org/events/329>
- **[Dr. Mary E. Curtis](#)** of Lesley Center for Special Education Discusses Trauma-Sensitive Professional Development for Educators  
<https://traumasensitiveschools.org/video-mary-curtis-creating-advocating-trauma-sensitive-schools/>
- **[Videos and webinars](#)** assembled by **[ACEs Connection](#)**, an online community of practice  
<http://www.acesconnection.com/blog/presentations>

## Example Models for Educators

- **CLEAR** - Collaborative Learning for Educational Achievement and Resiliency (Washington State University)
- **Compassionate Learning Initiative** (Washington Department of Public Instruction)
- **HEARTS Program** (University of California - SF & San Francisco Unified School District)

## Research and Articles on Trauma-Informed Schools

Adverse Childhood Experiences (ACEs)

- Research base: **Adverse Childhood Events (ACE) Study**, Centers for Disease Control
- **ACES Too High**

***Hidden in Plain Sight: Homeless Students in America's Public Schools*** (Grad Nation, 2016)

<http://www.gradnation.org/report/hidden-plain-sight>

***How Teachers Help Students Who've Survived Trauma*** (Lahey, 2014)

<http://www.theatlantic.com/education/archive/2014/12/how-teachers-help-kids-heal/383325/>

***Best Practices for Supporting and Educating Students Who Have Experienced Domestic Violence or Sexual Victimization*** (Cevasco, Rossen, & Hull, n.d.) <http://www.nea.org/home/62845.htm>

***Girls Coping with Trauma Are Often Met with Harsh Discipline at School*** (Quinlan, 2016)

<https://thinkprogress.org/girls-coping-with-trauma-are-often-met-with-harsh-discipline-at-school-ce0928dea4c8#.tc2mtf762>

***Students Traumatized by Loss and Violence Get a Fighting Chance to Learn*** (LA Times, 2016)

<http://www.latimes.com/projects/la-me-edu-share-care/>

**Series on trauma informed classrooms** (Huffington Post, 2016) <http://www.huffingtonpost.com/news/trauma-informed-classrooms/>

**Series on mental health in schools** (NPR, 2016) [http://www.npr.org/sections/ed/2016/08/31/464727159/mental-health-in-schools-a-hidden-crisis-affecting-millions-of-students?utm\\_source=Sept.+1+digest+-+Jane&utm\\_campaign=Daily+email&utm\\_medium=email](http://www.npr.org/sections/ed/2016/08/31/464727159/mental-health-in-schools-a-hidden-crisis-affecting-millions-of-students?utm_source=Sept.+1+digest+-+Jane&utm_campaign=Daily+email&utm_medium=email)

**Academy on Violence and Abuse** (AVA) resources (including presentations and living collaborative document on trauma-informed best practices) <http://www.avahealth.org/>

## Resources from Salt Lake City Event

Supporting Student Resiliency in Trauma-Sensitive Schools, Spring 2015 <https://relwest.wested.org/events/312>

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(Adapted from: Utah Dropout Prevention Alliance)