



Utah State
Board of
Education

Prevention

Utah State Board of Education
Approved Child Sexual Abuse and
Human Trafficking Prevention
Instructional Materials

Updated January 2026

Background

Per [Utah Code Section 53G-9-207: Child Sexual Abuse Prevention](#), every 3 years Local Education Agencies (LEAs) shall provide training and instruction on child sexual abuse and human trafficking (CSA/HT) prevention and awareness to school personnel in elementary and secondary schools as well as parents of elementary school students. LEAs may provide CSA/HT instruction to elementary school students using an age-appropriate curriculum. Though optional, this instruction is highly recommended.

Instructional Materials:

- Must be approved by USBE and delivered in accordance with the delivery plan and instructional process in which they were approved.
- Are approved for a 3-year period. After which, they must be resubmitted for approval.
- Are intended for either adults serving youth, parent/guardian, or elementary students on the topics of child sexual abuse and/or human trafficking.
- Must be submitted through MIDAS during an open submission cycle. There are 2 submission cycles per year. Contact [Mindy Elliott \(mindy.elliott@schools.utah.gov\)](mailto:mindy.elliott@schools.utah.gov) for more information.

Quick Guide:

USBE Approved Instructional Material names and publisher. Additional information including date of approval, content topic, description, and contact information is available below in each section category.

Adult Serving Youth

Both Child Sexual Abuse and Human Trafficking:

- Davis School District CSA and HT Prevention Adult Serving Youth (DSD)
- PROTECT Utah Adult Serving Youth Training (3 Strands)
- Child Abuse: Mandatory Reporting and Human Trafficking Prevention (Vector Solutions)
- Childhelp Speak Up Be Safe Child Abuse Prevention Curriculum (Childhelp)
- Boundary Town (Prevent Child Abuse Utah)

Child Sexual Abuse Only:

- Enough! Prevention Child Sexual Abuse in My School (Enough Abuse)

Human Trafficking Only:

- Human Trafficking Prevention (Asian Association of Utah)

Parent/Guardian

Both Child Sexual Abuse and Human Trafficking:

- Boundary Town Parents (Prevent Child Abuse Utah)

Child Sexual Abuse Only:

- Awareness and Prevention of Sexual Abuse (Saprea)

Human Trafficking Only:

- Human Trafficking Prevention (Asian Association of Utah)

Elementary Student

Both Child Sexual Abuse and Human Trafficking:

- Boundary Town K-2 and 3-6 (PCAU)
- PROTECT Utah Elementary Student Prevention Education K-6 (3 Strands)
- Play it Safe: Aiden's Discovery 6th grade (Family Haven and Family Support Centers of Utah)
- Lauren's Kids Safer, Smarter Kids/Teens K-6

Child Sexual Abuse Only:

- Play it Safe: Chase Steps Up 4th-5th (Family Haven and Family Support Centers of Utah)
- Childhelp Speak Up Be Safe Child Abuse Prevention Curriculum
- Elementary School Child Sexual Abuse (Barbara Sinatra Children's Center Foundation)

Human Trafficking Only:

- Safe with Me K-2, Safe Steps 3rd-4th, Safe and Aware 5th-6th (Asian Association of Utah)

Approved Adult Serving Youth Instructional Materials

- **Publisher:** Davis School District
Instructional Material Name: Davis School District CSA and HT Prevention Adult Serving Youth
Content Topic: Both Child Sexual Abuse and Human Trafficking
Date approved by USBE: August 7, 2025
Description: This is a Canvas course designed to educate all adults serving students on CSA and HT Prevention. It takes an estimated 45 minutes to complete.
Contact Information: [Kate Williams](mailto:katewilliams@dsdmail.net) (katewilliams@dsdmail.net) Teaching and Learning

- **Publisher:** 3 Strands
Instructional Material Name: PROTECT Utah Adult Serving Youth Training
Content Topic: Both Child Sexual Abuse and Human Trafficking
Date approved by USBE: August 7, 2025
Description: This training is provided through an online platform. There are three core modules that consist of videos, slides, and activities. It is designed to be flexible to fit various schedules. At the end of the course, participants can download a workbook for reference.
Contact Information: [3 Strands Website](#)

- **Publisher:** Vector Solutions
Instructional Material Names:
 - Child Abuse: Mandatory Reporting
 - **Content Topic:** Child Sexual Abuse Only
 - **Date approved by USBE:** August 7, 2025
 - Human Trafficking Prevention
 - **Content Topic:** Human Trafficking Only
 - **Date approved by USBE:** August 7, 2025**Description:** This is a completely online course designed to train adults serving youth on human trafficking awareness and prevention. The typical course duration is 78 minutes.
Contact Information: [Vector Solutions Website](#)

- **Publisher:** Childhelp
Instructional Material Name: Childhelp Speak Up Be Safe Child Abuse Prevention Curriculum
Content Topic: Both Child Sexual Abuse and Human Trafficking
Date approved by USBE: August 7, 2025

Description: This is a self-paced training program located on the Childhelp Learning Management System (Adobe). There are 3 universal modules that take an average time to complete of 2 hours. The modules are intended for facilitators of the student lessons, but contain all of the required content in the CSA/ASY minimum guidelines.

Contact Information: [Childhelp Website](#)

- **Publisher:** Prevent Child Abuse Utah

Instructional Material Names:

- Boundary Town
 - **Content Topic:** Child Sexual Abuse Only
 - **Date approved by USBE:** September 5, 2024
- Boundary Town: ASY Human Trafficking Prevention
 - **Content Topic:** Human Trafficking Only
 - **Date approved by USBE:** December 4, 2025

Description: These are online trainings that teach adults who work with youth to recognize the signs, symptoms and dynamics of child abuse and human trafficking. Course duration is approximately 40 minutes.

Contact Information: [Prevent Child Abuse Utah Website](#)

- **Publisher:** Enough Abuse

Instructional Material Name: Enough! Prevention Child Sexual Abuse in My School

Content Topic: Child Sexual Abuse Only

Date approved by USBE: August 7, 2025

Description: This is an interactive online training appropriate for teaching all school staff about child sexual abuse awareness and prevention. It typically takes an hour to complete.

Contact Information: [Enough Abuse Website](#)

- **Publisher:** Asian Association of Utah

Instructional Material Name: Human Trafficking Prevention

Content Topic: Human Trafficking Only

Date approved by USBE: August 7, 2025

Description: This is a PowerPoint presentation meant to be presented by trained AAU staff either in person or virtually. This training allows audience members to learn and define sex and labor trafficking, understand common misconceptions, and examine how trafficking affects youth in Utah.

Contact Information: [Asian Association of Utah](#)

Approved Parent/Guardian Instructional Materials

- **Publisher:** Saprea
Instructional Material Name: Awareness and Prevention of Sexual Abuse
Content Topic: Child Sexual Abuse Only
Date approved by USBE: August 7, 2025
Description: This training is a PowerPoint presentation containing 124 slides as well as detailed presenter notes. It is designed for facilitators to present to parents and guardians.
Contact Information: [Saprea Website](#)

 - **Publisher:** Asian Association of Utah
Instructional Material Name: Human Trafficking Prevention
Content Topic: Human Trafficking Only
Date approved by USBE: August 7, 2025
Description: This is a PowerPoint presentation meant to be presented by trained AAU staff either in person or virtually. This training allows audience members to learn and define sex and labor trafficking, understand common misconceptions, and examine how trafficking affects youth in Utah.
Contact Information: [Asian Association of Utah Website](#)

 - **Publisher:** Prevent Child Abuse Utah
Instructional Material Names:
 - Boundary Town Parents: Child Sexual Abuse Prevention
 - **Content Topic:** Child Sexual Abuse Only
 - **Date approved by USBE:** December 4, 2025
 - Boundary Town Parents: Human Trafficking Prevention
 - **Content Topic:** Human Trafficking Only
 - **Date approved by USBE:** December 4, 2025**Description:** These are online courses that educate parents on identifying, preventing, and reporting. Knowledge and skills are provided through interactive lessons.
Contact Information: [Prevent Child Abuse Utah Website](#)
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Approved Elementary Student Instructional Materials

- **Publisher:** Prevent Child Abuse Utah
Instructional Material Name: Boundary Town School Kids K-2 and 3-6
Content Topic: Both Child Sexual Abuse and Human Trafficking
Date approved by USBE: January 7, 2026
Description: These in-school programs are free, age appropriate and typically taught in the classroom by PCAU trainers with visual aids, videos and other interactive activities. Presentations take place over two consecutive days and range from 30 to 60 minutes.
Contact Information: [Prevent Child Abuse Utah](#)

- **Publisher:** 3 Strands
Instructional Material Name: PROTECT Utah Elementary Student Prevention Education K-6
Content Topic: Both Child Sexual Abuse and Human Trafficking
Date approved by USBE: August 7, 2025
Description: This curriculum is delivered through classroom instruction by teachers, counselors, or social workers via an online platform. The program consists of videos, slides, and activities. It is designed to be delivered in two 30-45 minute sessions.
Contact Information: [3 Strands Website](#)

- **Publisher:** Family Haven and Family Support Centers of Utah
Instructional Material Names:
 - Play it Safe: Chase Steps Up 4th-5th
 - **Content Topic:** Child Sexual Abuse Only
 - **Date approved by USBE:** August 7, 2025
 - Play it Safe: Aiden's Discovery 6th
 - **Content Topic:** Both Child Sexual Abuse and Human Trafficking
 - **Date approved by USBE:** August 7, 2025**Description:** This program is taught in the classroom in an hour or less with age-appropriate scripts and videos.
Contact Information: [Family Haven and Family Support Centers of Utah Website](#)

- **Publisher:** Childhelp
Instructional Material Name: Childhelp Speak Up Be Safe Child Abuse Prevention Curriculum
Content Topic: Child Sexual Abuse only
Date approved by USBE: August 7, 2025
Description: Lessons are taught in the classroom or group setting by a school counselor or teacher either live or virtually. Materials are all housed in the Childhelp

LMS (Adobe). There are two fully scripted lessons for each grade 30 to 45 minutes each, designed to be taught a few weeks apart. There are also handouts for activities, parental involvement, and data collection.

Contact Information: [Childhelp Website](#)

- **Publisher:** Barbara Sinatra Children’s Center Foundation
Instructional Material Name: Elementary School Child Sexual Abuse
Content Topic: Child Sexual Abuse Only
Date approved by USBE: December 4, 2025
Description: These are free K-6 instructional materials designed to help prevent child abuse in all forms. The lessons are meant to be taught in a classroom by teachers or counselors. The content includes online videos and teacher resources.
Contact Information: [Barbara Sinatra Children’s Center Foundation Website](#)
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- **Publisher:** Asian Association of Utah
Instructional Material Names:
 - Safe with Me: My Body, My Feelings, My Helpers (K-2)
 - **Content Topic:** Human Trafficking Only
 - **Date approved by USBE:** December 4, 2025
 - Safe Steps: Learning to Question, Learning to Care (3rd-4th)
 - **Content Topic:** Human Trafficking Only
 - **Date approved by USBE:** December 4, 2025
 - Safe and Aware: Healthy Boundaries and Internet Safety (5th-6th)
 - **Content Topic:** Human Trafficking Only
 - **Date approved by USBE:** December 4, 2025**Description:** These are PowerPoint presentations meant to be delivered by trained AAU staff either in person or virtually.
Contact Information: [Asian Association of Utah Website](#)
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- **Publisher:** Lauren’s Kids
Instructional Material Name: Lauren’s Kids Safer, Smarter Kids/Teens K-6
Content Topic: Both Child Sexual Abuse and Human Trafficking
Date approved by USBE: August 7, 2025 (4th grade was approved December 4, 2025)
Description: This curriculum is an evidence-based prevention program meant to be taught in the classroom by a teacher or counselor. The materials are housed in Canvas along with additional instructional resources including a comprehensive teacher’s guide and step-by-step instructions on how to teach each grade level along with “Teacher Tips”.
Contact Information: [Lauren’s Kids Website](#)
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