



## Purpose

To expand student opportunities in physical education, an individual with expertise in a specific lifetime activity may apply for a restricted endorsement to teach that activity for physical education credit. The person must be deemed qualified in the specific area by the school physical education department chairperson, district, or charter administrator, and USBE Physical Education Specialist. They must have current certification in CPR and first aid. The only activity-specific ILA courses for graduation credit are **dance, outdoor recreation, strength and conditioning, and yoga**. All other activity courses developed by the LEA are elective credit courses.

### ILA Course Requirements:

1. Current First Aid and CPR Certification- A copy of the certification card is required. Hands-on certification is required. (American Red Cross, American Heart Association, National Safety Council, Emergency Care & Safety Institute.)
2. Evidence for Competency in ILA Course:  
University course: Transcripts  
Other Experience or Certifications: If this option is used, documentation and certifications must be provided for one of the following: dance, yoga, outdoor recreation, or strength and conditioning.

### CPR and First Aid

*A copy of the certification card is required.* **Hands-on (In-person) certification is required.** (American Red Cross, American Heart Association, National Safety Council, Emergency Care & Safety Institute.) Certification card should be uploaded with your other documentation in your application.

### Evidence for Competency in ILA Course

A copy of the transcripts, certification, or a letter of experience from a supervisor must be uploaded with your application.