



# NEWS RELEASE

## Utah State Board of Education

250 EAST 500 SOUTH P.O. BOX 144200 SALT LAKE CITY, UT 84114-4200  
[www.schools.utah.gov](http://www.schools.utah.gov)

October 12, 2018

For Immediate Release

Contact: Kate Wheeler, Farm to Fork Specialist  
801-538-7659 · [kate.wheeler@schools.utah.gov](mailto:kate.wheeler@schools.utah.gov)

### It's Apple Crunch Time, Utah

SALT LAKE CITY – On Wednesday, October 17, Utah schools, early care sites, hospitals, colleges, community organizations, businesses and more will be celebrating National Farm to School Month and National School Lunch Week by crunching into Utah-grown apples.

The Apple Crunch is a way to get excited about local produce and connect Utahns to the farmers in their community. Events such as taste-testing apple varieties, field trips to local farms, and other apple-themed learning activities will be happening statewide throughout the month of October.

The Utah State Board of Education is teaming up with Utah Department of Health and Utah Department of Agriculture and Food to expand the Apple Crunch beyond schools and preschools to other organizations for an even bigger crunch. We're also competing with Montana, Wyoming, and Colorado to see which state can have the most "crunchers" per capita.

A public Apple Crunch will take place in the State Capitol Rotunda from 10 – 11 a.m. on October 17, featuring a prize raffle, farm-focused learning activities, and of course, Utah apples.

For more information on how schools and childcare centers can participate, please contact Utah State Board of Education Farm to Fork Specialist [Kate Wheeler](#). For more information on adult participation, contact Utah Department of Health Public Health Dietitian [Jess Church](#).

[www.schools.utah.gov](http://www.schools.utah.gov)

ADA Compliant 10/12/18