AGENDA:

• **Welcome & Intro of Guest Presenters** – Amanda Charlesworth, USBE YIC Program Specialist

• **Mentor Tips and Tricks** – Heather Noorda, Granite School District YESS program

• **Connecting Students to Opportunities in Adult Education** – Stephanie Patton and Danielle Pedersen, USBE Adult Education Specialists

• **Grief and Mentor Peer Support** – Cathy Davis, USBE Prevention Specialist
Heather Noorda began her nurturing, coaching, and fostering ways as a young child. At the age of five, her grandfather gave her a bum calf to care for and bottle feed. Too small to reach the kitchen sink and mix the formula she would slide the chair to the sink and make the calf a bottle twice a day. Wyoming is a cold place but that wouldn’t stop her from bundling up for the 6:00 am feeding. The love of participating in growth of any kind has translated to many of her passions from crops in the fields, gardens, pets, coaching sports, loving people, and mentoring students in the Granite School District. She is a wife, a mother of four children, and a grandma to five exceptionally cute and smart grandchildren.
Stephanie Patton, USBE Adult and Corrections Education Specialist

Stephanie graduated from BYU in Business Management. After working with students in an advisory capacity, she returned to school to earn a Master’s in Professional School Counseling from USU. Since then, she has taught math and credit recovery courses at an alternative school; worked with low-income and potential first-generation college students as an advisor for Educational Talent Search; counseled students at an alternative school; directed the Duchesne County Adult Education program; and taught non-traditional college students with the Pathways program at BYU-I. She currently works as an Adult Education Specialist and the GED State Administrator at the Utah State Board of Education. She is also a doctoral student at Brigham Young University in the Educational Leadership and Foundations program.
Danielle Pedersen, USBE Adult Education Specialist

Danielle is an Adult Education Specialist with the Utah State Board of Education. She holds a Master’s degree in Professional School Counseling from Utah State University and an endorsement in Educational Leadership from Western Governor’s University. Prior to her role at USBE, she oversaw academic programs at Clearfield Job Corps and was the Educational Director with the Sylvan Learning Centers in Ogden and Layton, UT. Danielle is a mother of three, a Disney fanatic, and a firm believer that small steps can lead to big changes. It’s never too late to start!
Cathy taught ecology, biology, and health sciences (anatomy and physiology) for over eighteen years; for seven of those years Cathy taught school success to at-risk students. She is a small business owner and a graduate of the Goldman Sachs 10,000 Small Businesses Program. Cathy has training in eating disorders, grief counseling, trauma-informed care, and is certified with the American Association for Suicidology as a school suicide prevention specialist. She is the current Suicide Prevention Specialist at the Utah State Board of Education.
Mentor Tips And Tricks

Heather Noorda, Mentor
Granite School District YESS Program

“Try leaving a friendly trail of little sparks of gratitude on your daily trips. You will be surprised how they will set small flames of friendship that will be rose beacons on your next visit.”
SLOW DOWN AND OBSERVE

TURN OFF CRUISE
DURING
ICY CONDITIONS
If cruise control is used on ice or snow, there is a chance that the driver will not detect the loss of traction before it is too late to react.

SLOW DOWN AND OBSERVE
READ THE ROOM

“Wow, read the room, Ted!”
HOW TO WIN FRIENDS AND INFLUENCE PEOPLE

BY DALE CARNEGIE
FAVORITE QUOTES

*Favorite quotes handout will be sent with follow-up email from Amanda

❖ “You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you.”

❖ “Actions speak louder than words, and a smile says, ‘I like you. You make me happy. I am glad to see you.’”

❖ “If you want to gather honey, don’t kick over the beehive.”

❖ “The deepest principle in human nature is the craving to be appreciated.”
Post Training Survey
https://forms.gle/Yucdyr3mi7D4JHkV9