When you need to adjust to a new situation in which new people are involved, be quick to recognize that at first it is you who must adapt. This is especially true in an office where roles of workers have already been established. It is your job to fit into the team structure with harmony. 

Learn the rules of the game and who the key players are; then play according to those rules at first. Do not expect to have the rules modified to fit your concept of what the team structure and your role in it should be. Only after you become a valuable member should you suggest major changes.