2019-2020 School Year

- **Session One – April 29, 2020**
  - Welcome & Introductions – Amanda Charlesworth, USBE-YIC Program Specialist
  - Mindfulness in Crisis – Anna Smyth, M.S., Mindfulness Utah-Managing Director
  - Why Mentoring is Important – Nic Shellabarger, USBE-YIC Educational Specialist
  - Calm in the Chaos – Ann Jones, Granite School District-YIC Mentor Coordinator

- **Session Two – May 13, 2020**
  - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth, USBE-YIC Program Specialist
  - Trauma Informed Interactions: Tools to Use with Students – Tanya Albornoz, USBE-Prevention Specialist
  - Motivational Interviewing – Clarissa Stebbing, USBE-Prevention Specialist

- **Session Three – May 27, 2020**
  - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth, USBE-YIC Program Specialist
  - SMART Goals – Trina Cotterman, Granite School District-YIC Mentor
  - Suicide Prevention – Cathy Davis, USBE-Prevention Specialist
  - Human Trafficking: Awareness and Prevention – Allison Smith, Asian Association of Utah-Education and Outreach Specialist

  *Note: Recording was edited due to sensitive material.*

- **Session Four – June 10, 2020**
  - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth, USBE-YIC Program Specialist
  - Substance Abuse Prevention – Clarissa Stebbing, USBE-Prevention Specialist
  - Gang Involved Youth, One Caring Adult Away from Success – Cecily Hallman, Granite School District-YIC Mentor

  *Note: No video presentation available due to technical difficulties.*

- **Session Five – June 24, 2020**
  - Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth, USBE-YIC Program Specialist
  - Review of Trauma Informed Tools and Q&A – Tanya Albornoz, USBE-Prevention Specialist
  - Building Bridges with Division of Child and Family Services (DCFS) – Darcie Peterson, Department of Health Services (DHS)-Child Welfare Administrator

  *Note: No video presentation available due to technical difficulties.*

2020-2021 School Year

- **Session Six – September 15, 2020**
  - Welcome and Introductions – Amanda Charlesworth, USBE-YIC Program Specialist
  - Mindfulness Moment – Julia Armstrong, USBE YIC-Educational Specialist
  - Student Services Roles & Communication – Jerri Sagers, USBE-School Counseling Specialist, Jeremy Barns, Department of Public Safety (DPS)-School Safety Liaison
and Scott Eyre, Division of Substance Abuse and Mental Health (DSAMH)-School Based Mental Health Specialist
  o Mentor Data – Nic Shellabarger, USBE YIC-Educational Specialist & Amanda Charlesworth, USBE-YIC Program Specialist

• **Session Seven – October 8, 2020**
  o Welcome and Introductions – Amanda Charlesworth, USBE-YIC Program Specialist
  o Mindfulness Moment – Michelle Knight, USBE-Project Advancing Wellness and Resilience in Education (AWARE) Grant Manager
  o Resilience in Young Children – Jerri Sagers, USBE-School Counseling Specialist & Corby Eason, USBE-Prevention Specialist
  o Preparing Students for Post-Secondary Success – Kalee Crandall, USBE-Safe & Healthy Schools Specialist

• **Special Session – October 21, 2020**
  o Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth, USBE-YIC Program Specialist
  o Education Transition and Career Advocates (ETCA) Tasks Overview – Evyann Stinson, Provo School District-ETCA
  o Passing the Baton – Jennifer Gualtier, Ogden School District-ETCA

*Note: PDF of presentation available upon request. Please contact Amanda Charlesworth at amanda.charlesworth@schools.utah.gov.*

• **Session Eight – November 9, 2020**
  o Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth, USBE-YIC Program Specialist
  o Motivating Students – Ashley Lower, USBE- Safe & Healthy Schools Behavior Specialist
  o Utah Family and Child engagement Tool (UFACET) Form Overview – Tanya Albornoz, USBE-Prevention Specialist

• **Session Nine – December 9, 2020**
  o Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth, USBE-YIC Program Specialist
  o Protective Factors – Tanya Albornoz, C.S.W., USBE-Prevention Specialist

*Note: PDF of presentation available upon request. Please contact Amanda Charlesworth at amanda.charlesworth@schools.utah.gov*

• **Session Ten – January 13, 2021**
  o Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth, USBE-YIC Program Specialist
  o SPED 101 – Naté Dearden, USBE-Student and Family Rights Coordinator
Utah State Board of Education (USBE) Youth in Custody (YIC) Webinars

- Agencies Working Together: Juvenile Justice Services and Schools – Jackie Chamberlain, Juvenile Justice Services-Public Information Officer and April Graham, Juvenile Justice Services-Office of Community Programs Program Director
- Mentors working with Juvenile Justice Services – USBE-YIC Team

**Session Eleven – February 10, 2021**
- Welcome, Mindfulness Moment and Introductions – Amanda Charlesworth, USBE-YIC Program Specialist
- Section 504 – Holly Bell, USBE-Equity Educational Specialist
- SafeUT Overview – Ashley Pistello, SafeUT University of Utah-Project Administrator

**Session Twelve – March 10, 2021**
- Welcome and Mindfulness – Amanda Charlesworth, USBE YIC-Program Specialist
- Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others – Scott Eyre, DSAMH-School Based Mental Health Specialist
- American Indian Information and Resources – Dustin Jansen, Utah Indian Affairs Division-Director and Dr. Harold Foster, USBE-American Indian and Alaskan Native Educational Specialist

**Session Thirteen: April 14, 2021**
- Welcome Intro of Guest Presenters – Amanda Charlesworth, USBE-YIC Program Specialist
- Mentor Tips and Tricks – Heather Noorda, Granite School District-YIC Mentor
- Connecting Students to Opportunities in Adult Education – Stephanie Patton and Danielle Pedersen, USBE-Adult Education Specialists
- Grief and Mentor Peer Support – Cathy Davis, USBE-Prevention Specialist

**Session Fourteen: May 12, 2021**
- Welcome Intro of Guest Presenters – Amanda Charlesworth, USBE-YIC Program Specialist
- Mentor Tips and Tricks – Heather Noorda, Granite School District-YIC Mentor
- Healthy Habits and Student Wellness - Clarissa Stebbing, USBE-Prevention Specialist

**Session Fifteen: June 23, 2021**
- Welcome and Mindfulness – Amanda Charlesworth, USBE-YIC Program Specialist
- How to Help Youth Recognize Unhealthy Relationships – Lauren Davis, Utah Valley Family Support Center-Prevention Specialist
- Mentor Tips and Tricks – Heather Noorda, Granite School District-YIC Mentor

2021-2022 School Year

**Session Sixteen: September 15, 2021**
- Welcome and Introduction of Presenters – Amanda Charlesworth, USBE-YIC Program Specialist

ADA Compliant 11/2021
Utah State Board of Education (USBE) Youth in Custody (YIC) Webinars

- Prevention Science Overview – Clarissa Stebbing and Cuong Nguyen, USBE - Prevention Specialists
- Prevention in Practice – Tanya Albornoz, USBE – Prevention Coordinator

**Session Seventeen: October 13, 2021**
- Welcome and Introduction of Presenters – Amanda Charlesworth, USBE-YIC Program Specialist
- Restorative Practices – Cuong Nguyen, USBE-Prevention Specialist
- Creating Cultures of Staff Wellness & Care for our Schools & Community Partners – Scott Eyre, DSAMH-School Based Mental Health Specialist

**Session Eighteen: November 10, 2021**
- Welcome, Mindfulness Moment and Introduction of Presenters – Amanda Charlesworth, USBE-YIC Program Specialist
- Overview of Trauma (Repeat topic) – Tiana McCall, USBE-School Social Worker/School-Based Mental Health Specialist

**Session Nineteen: December 8, 2021**
- Welcome, Mindfulness Moment and Introduction of Presenters – Amanda Charlesworth, YIC Program Specialist
- Family Engagement Strategies – Jessica Kallin, USBE-Family and Community Engagement Specialist
- 21st CCLC After School Programs – Kamille Sheikh, USBE-Title VI-B & Charity Williams, Provo City School District-After School Specialist

**Session Twenty: January 19, 2022**
- Welcome, Mindfulness Moment and Introduction of Presenters – Amanda Charlesworth, YIC Program Specialist
- Brain Science – Liz Rivera, Utah Foster Care-Director of Education

**Session Twenty-One: February 16, 2022**
- Welcome, Mindfulness Moment and Introduction of Presenters – Amanda Charlesworth, YIC Program Specialist
- Overview and Demo of DHS Educating Youth in State Care Website and Resources – Trina Valdez, DHS YIC Education Liaison
- Helping Students with Emotional Regulation – Tiana McCall, USBE-School Social Worker/School-Based Mental Health Specialist

**Session Twenty-Two: March 16, 2022**
- Welcome, Mindfulness Moment and Introduction of Presenters – Amanda Charlesworth, YIC Program Specialist
- DCFS a Walk Through the System – Eric Jenkins, DCFS-Western Region

**Session Twenty-Three: April 20, 2022**
- Welcome, Mindfulness Moment and Introduction of Presenters – Amanda Charlesworth, YIC Program Specialist
- Human Trafficking Awareness and Prevention – Nate Davis, Prevent Child Abuse Utah
- How to Respond to a Crisis Situation – Cathy Davis, USBE- Prevention Specialist and Michelle Knight, Project AWARE Grant Manager
Session Twenty-Four: May 18, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters – Amanda Charlesworth, YIC Program Specialist
- Connecting students to community resources – Clarissa Stebbing, USBE - Prevention Specialist
- Additional Topic/Presenter TBA

Session Twenty-Five: June 1, 2022

- Welcome, Mindfulness Moment and Introduction of Presenters – Amanda Charlesworth, YIC Program Specialist
- CTE Pathways – Jonathan Frey, CTE Coordinator
- DBT Skills Overview – Tiana McCall, USBE-School Social Worker/School-Based Mental Health Specialist