

YIC Webinar Session Eighteen

November 10, 2021

9:00am - 11:00am

Agenda

- Welcome, Mindfulness Moment and Introduction of Presenter – Amanda Charlesworth, USBE-YIC Program Specialist
- Overview of Trauma – Tiana McCall, USBE-School Social Worker/School-Based Mental Health Specialist

Mindfulness Moment

- Use this Thanksgiving mindfulness activity to wind down after a busy day or cope with sensory overload.



Tiana McCall

- Tiana is USBE's School Social Work/School-based Mental Health Specialist. She joined USBE in July and previously worked as a School Social Worker with Elementary Students for five years. She specialized in serving Refugee Youth and Families and has a passion for Macro-level Social Work, which is what brought her to this role with USBE.



Post Training Survey – Must be completed for points on MIDAS or Certificate of Completion

<https://forms.gle/5cmACKFiP3MmhmHH7>

