



NEWS RELEASE

Utah State Board of Education

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Biting into Local: It's Utah Apple Crunch Time

SALT LAKE CITY – For the fifth year in a row, Utah schools, early care sites, community organizations, and businesses will be celebrating with an Apple Crunch on October 20. All you need to join the fun is a Utah-grown apple and a love for local food.

The Apple Crunch is a way to get excited about local produce and connect Utahns to the farmers in their community by crunching into delicious Utah apples together. Due to the pandemic, last year's Crunch events were largely virtual, but this year in-person celebrations are back.

- The Utah Farm to Fork Task Force will be holding an event at 10 a.m. on October 20 at the State Capitol with kindergarteners from Silver Mesa and Sunrise elementary schools in Canyons School District.
- Fowers Fruit Ranch in Genola will be hosting an educational event at their farm for students from Goshen Elementary as well as homeschooled students.
- On October 21 at 10 am, students at Guadalupe School in Salt Lake City will learn about local food rescue and urban gleaning as they press fresh apple cider with the Green Urban Lunch Box.

Many schools, childcare centers, and community groups will also be holding their own events. So far, over 68,000 students across Utah have signed up to participate. Groups will spend over \$20,000 at Utah farms as part of the celebration.

To register for the Crunch or access resources, visit www.utfarmtofork.org/utah-apple-crunch.

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