

STRANDS AND STANDARDS

BASIC ESTHETICIAN AND SKIN CARE



Course Description

This is a program that prepares individuals to cleanse, depilate, massage, and beautify the human body and to function as licensed estheticians and skin care specialists. Instruction includes history of esthetics; health and safety; customer relations and salon management; legal issues; human immune system; diseases and disorders of the skin; implements, tools, and equipment for basic esthetics; skin anatomy, physiology, and health; science of basic esthetics; principles of nutrition; decontamination and infection control; limited chemical exfoliation; chemistry for basic esthetics; face and neck massage; temporary hair removal including waxing and tweezing; application of makeup; basic facials; skin treatments, manual and mechanical; natural nail manicures and pedicures. The task list for this program is based on the state rules and regulations as a part of the state law. Completed instruction qualifies the student for licensing examinations in Utah.



BASIC ESTHETICIAN AND SKIN CARE

Intended Grade Level	11-12
Units of Credit	1.0
Core Code	40.03.00.00.005
Concurrent Enrollment Core Code	N/A
Prerequisite	None
Skill Certification Test Number	Industry test 905
Test Weight	1.0
License Type	CTE and/or Secondary Education 6-12
Required Endorsement(s)	
Endorsement 1	Esthetician
Endorsement 2	N/A
Endorsement 3	N/A

STRAND 1

Students will be able to describe the history of skin care, career opportunities, and the professional image.

Standard 1

Explain the history of skin care and the occupational opportunities.

Standard 2

Demonstrate the professional image that is expected in the industry.

Performance Skill

Describe the history of skin care, career opportunities, and the professional image.

- Demonstrate the professional image that is expected in the industry.

STRAND 2

Students will be able to understand and demonstrate how science influences the skin care industry.

Standard 1

Describe and demonstrate proper use of sanitation and disinfectants products and techniques.

Standard 2

Explain the importance of anatomy and physiology to the cosmetology profession.

Standard 3

Explain the importance of chemistry for estheticians.

Standard 4

Describe the most common cosmetic ingredients, their functions and explain FDA regulations regarding cosmetic claims and product safety.

BASIC ESTHETICIAN AND SKIN CARE

Standard 5

Understand the basics of electricity and how it is used in the skin care industry.

Performance Skill

Understand and demonstrate how science influences the skin care industry.

- Describe and demonstrate proper use of sanitation and disinfectants products and techniques.
- Explain the importance of anatomy and physiology to the cosmetology profession.
- Explain the importance of chemistry for estheticians.
- Describe the most common cosmetic ingredients, their functions and explain FDA regulations regarding cosmetic claims and product safety.
- Understand the basics of electricity and how it is used in the skin care industry.

STRAND 3

Students will be able to understand the sciences used in the skin care industry.

Standard 1

Describe the physiology and histology of the skin.

Standard 2

Identify skin disorders and diseases.

Standard 3

Analyze different skin conditions.

Standard 4

List and describe the different products and ingredients used in skin care.

Standard 5

Understand, prepare, and set up a treatment room for services.

Performance Skill

Understand and demonstrate what the skin sciences are and how they affect the human body.

- Describe the physiology and histology of the skin.
- Identify skin disorders and diseases.
- Analyze different skin conditions.
- List and describe the different products and ingredients used in skin care.
- Understand, prepare, and set up a treatment room for services.

STRAND 4

Students will be able to understand the principles of esthetic procedures.

Standard 1

Understand and demonstrate the different types, movements, and benefits of massage.

BASIC ESTHETICIAN AND SKIN CARE

Standard 2

Describe and perform basic facials and treatments.

Standard 3

Understand and safely use the machines used in skin care treatments.

Standard 4

Understand and safely use hair removal equipment and treatments.

Standard 5

Recognize advanced esthetics topics including how AHAs work, aromatherapy, spa body treatments, and clinical skin care procedures.

Standard 6

Demonstrate an understanding of the world of makeup.

Performance Skill

Understand and demonstrate the principles of esthetic procedures.

- Understand and demonstrate the different types, movements, and benefits of massage.
- Describe and perform basic facials and treatments.
- Understand and safely use the machines used in skin care treatments.
- Understand and safely use hair removal equipment and treatments.
- Recognize advanced esthetics topics including how AHAs work, aromatherapy, spa body treatments, and clinical skin care procedures.
- Demonstrate an understanding of the world of makeup.

STRAND 5

Students will be able to understand the business of skin care.

Standard 1

Understand and demonstrate what it requires to operate a salon/spa business.

Standard 2

Explain selling products and services to clients.

Standard 3

Demonstrate an understanding of what it takes to prepare for a career in the skin care industry.

Performance Skill

Understand the business of skin care.

- Understand and demonstrate what it requires to operate a salon/spa business.
- Explain selling products and services to clients.
- Demonstrate an understanding of what it takes to prepare for a career in the skin care industry.

STRAND 6

Students will understand the importance of career readiness skills as it relates to the workplace and outlined in the SkillsUSA Framework – Level 1.

Standard 1

Understand and demonstrate the attitude of cooperation.

- Develop awareness of cultural diversity and equality issues.
- Demonstrate effective communication with others.
- Apply team skills to a group project.
- Identify and apply conflict resolution skills.

Standard 2

Understand and demonstrate the ability of being resourceful and innovative.

- Discover self-motivation techniques and establish short-term goals.
- Measure/modify short-term goals.
- Review a professional journal and develop a three- to five-minute presentation.

Standard 3

Plan for your future career.

- Complete a self-assessment and identify individual learning styles.
- Define future occupations.
- Identify the components of an employment portfolio.
- List proficiency in program competencies.
- Complete a survey for employment opportunities.
- Create a job application.
- Assemble your employment portfolio.
- Employability skills: evaluate program comprehension.

Standard 4

Understand and demonstrate the ability to manage a project.

- Apply team skills to a group project.
- Observe and critique a meeting.
- Demonstrate business meeting skills.
- Explore supervisory and management roles in an organization.
- Identify and apply conflict resolution skills.
- Demonstrate evaluation skills.
- Manage a project and evaluate others.