

# PHYSICAL EDUCATION ENDORSEMENT

Application for the Utah State Board of Education

## APPLICANT INFORMATION

Name: \_\_\_\_\_ CACTUS ID#: \_\_\_\_\_

E-mail: \_\_\_\_\_

## PURPOSE

This endorsement when attached to a current Educator License, verifies that the individual has the skills and knowledge necessary to empower students to work together in groups, think critically, and can identify and participate in a variety of activities and exercises that lead to a lifelong healthy active lifestyle.

## ENDORSEMENT REQUIREMENT AREAS

Please mark the requirement areas you have completed.

1. CPR/First Aid Certification provided by one of the approved organizations and has an element of hands-on (In person) experience.

- American Heart Association
  - American Red Cross
  - National Safety Council
  - Emergency Care and Safety Institute
  - Other: \_\_\_\_\_
- Date completed: \_\_\_\_\_

2. PHILOSOPHY OF PHYSICAL EDUCATION

- University Course*

University: \_\_\_\_\_ Course code: \_\_\_\_\_

Course name: \_\_\_\_\_ Semester/Year: \_\_\_\_\_ Grade: \_\_\_\_\_

- Microcredential Stack*

Date completed and posted in MIDAS: \_\_\_\_\_

3. MOTOR LEARNING

- University Course*

University: \_\_\_\_\_ Course code: \_\_\_\_\_

Course name: \_\_\_\_\_ Semester/Year: \_\_\_\_\_ Grade: \_\_\_\_\_

- Microcredential Stack*

Date completed and posted in MIDAS: \_\_\_\_\_

**SPORTS AND SKILLS COURSES REQUIRED (2)**

**4. KNOWLEDGE AND APPLICATION OF MOVEMENT AND PERFORMANCE  
(SPORTS AND SKILL COURSE #1)**

*University Course*

University: \_\_\_\_\_ Course code: \_\_\_\_\_

Course name: \_\_\_\_\_ Semester/Year: \_\_\_\_\_ Grade: \_\_\_\_\_

Date completed and posted in MIDAS: \_\_\_\_\_

*Microcredential Stack*

Date completed and posted in MIDAS: \_\_\_\_\_

**5. KNOWLEDGE AND APPLICATION OF MOVEMENT AND PERFORMANCE  
(SPORTS AND SKILL COURSE #2)**

*University Course*

University: \_\_\_\_\_ Course code: \_\_\_\_\_

Course name: \_\_\_\_\_ Semester/Year: \_\_\_\_\_ Grade: \_\_\_\_\_

*Microcredential Stack*

Date completed and posted in MIDAS: \_\_\_\_\_

**6. NUTRITION**

*University Course*

University: \_\_\_\_\_ Course code: \_\_\_\_\_

Course name: \_\_\_\_\_ Semester/Year: \_\_\_\_\_ Grade: \_\_\_\_\_

*Microcredential Stack*

Date completed and posted in MIDAS: \_\_\_\_\_

**7. EXERCISE PHYSIOLOGY**

*University Course*

University: \_\_\_\_\_ Course code: \_\_\_\_\_

Course name: \_\_\_\_\_ Semester/Year: \_\_\_\_\_ Grade: \_\_\_\_\_

Date completed and posted in MIDAS: \_\_\_\_\_

*Microcredential Stack*

Date completed and posted in MIDAS: \_\_\_\_\_

**8. METHODS OF TEACHING PHYSICAL EDUCATION K-12**

*University Course*

University: \_\_\_\_\_ Course code: \_\_\_\_\_

Course name: \_\_\_\_\_ Semester/Year: \_\_\_\_\_ Grade: \_\_\_\_\_

*Microcredential Stack*  
Date completed and posted in MIDAS: \_\_\_\_\_

#### 9. METHODS OF TEACHING FITNESS FOR LIFE

*University Course*  
University: \_\_\_\_\_ Course code: \_\_\_\_\_  
Course name: \_\_\_\_\_ Semester/Year: \_\_\_\_\_ Grade: \_\_\_\_\_  
 *Microcredential Stack*  
Date completed and posted in MIDAS: \_\_\_\_\_

#### 10. ADAPTED PHYSICAL EDUCATION

*University Course*  
University: \_\_\_\_\_ Course code: \_\_\_\_\_  
Course name: \_\_\_\_\_ Semester/Year: \_\_\_\_\_ Grade: \_\_\_\_\_  
Date completed and posted in MIDAS: \_\_\_\_\_  
 *Microcredential Stack*  
Date completed and posted in MIDAS: \_\_\_\_\_

### APPLICANT'S SIGNATURE

I certify that the information contained in this application is true.

- I have submitted any required documentation such as original transcripts, MIDAS transcripts, etc.
- Electronic transcripts must be sent directly from the College/University clearinghouse to the USBE Licensing Department at [transcripts@schools.utah.gov](mailto:transcripts@schools.utah.gov).

*Educator Signature:* \_\_\_\_\_ *Date:* \_\_\_\_\_

### APPLICATION SUBMISSION

Please submit your application online in the Utah Educator Licensing Application system, [SM Apply](https://usbelicensing.smapply.us) (<https://usbelicensing.smapply.us>)