

PHYSICAL EDUCATION ENDORSEMENT

Application for the Utah State Board of Education

APPLICANT INFORMATION

Name: _____ CACTUS ID#: _____

E-mail: _____

PURPOSE

This endorsement, when attached to a current Educator License, verifies that the individual has the skills and knowledge necessary to empower students to work together in groups, think critically, and identify and participate in a variety of activities and exercises that lead to a lifelong, healthy, active lifestyle.

[Course Option Sheet](#), [Specs Sheet](#)

ENDORSEMENT REQUIREMENT AREAS

Please mark the requirement areas you have completed.

1. CPR/First Aid Certification provided by one of the approved organizations, which includes an element of **hands-on** (In-person) **experience**. (Requirement for both associate and professional endorsements)

- ☐ American Heart Association
- ☐ American Red Cross
- ☐ National Safety Council
- ☐ Emergency Care and Safety Institute
- ☐ Other: _____

Date completed: _____

2. PHILOSOPHY OF PHYSICAL EDUCATION

- ☐ *University Course*

University: _____ Course code: _____

Course name: _____ Semester/Year: _____ Grade: _____

- ☐ *Microcredential Stack*

Date completed and posted in MIDAS: _____

3. MOTOR LEARNING

☐ *University Course*

University: _____ Course code: _____

Course name: _____ Semester/Year: _____ Grade: _____

☐ *Microcredential Stack*

Date completed and posted in MIDAS: _____

SPORTS AND SKILLS COURSES REQUIRED (2)

4. KNOWLEDGE AND APPLICATION OF MOVEMENT AND PERFORMANCE (SPORTS AND SKILL COURSE #1)

☐ *University Course*

University: _____ Course code: _____

Course name: _____ Semester/Year: _____ Grade: _____

Date completed and posted in MIDAS: _____

☐ *Microcredential Stack*

Date completed and posted in MIDAS: _____

☐ *Coaching H.S. Sport or College Participation- A letter from the H.S.
Administration or University must be submitted.*

☐ *Certification*

5. KNOWLEDGE AND APPLICATION OF MOVEMENT AND PERFORMANCE (SPORTS AND SKILL COURSE #2)

☐ *University Course*

University: _____ Course code: _____

Course name: _____ Semester/Year: _____ Grade: _____

☐ *Microcredential Stack*

Date completed and posted in MIDAS: _____

☐ *Coaching H.S. Sport or College Participation- A letter from the H.S.
Administration or University must be submitted.*

☐ *Certification*

6. NUTRITION

☐ *University Course*

University: _____ Course code: _____

Course name: _____ Semester/Year: _____ Grade: _____

☐ *Microcredential Stack*

Date completed and posted in MIDAS: _____

7. EXERCISE PHYSIOLOGY

☐ *University Course*

University: _____ Course code: _____

Course name: _____ Semester/Year: _____ Grade: _____

Date completed and posted in MIDAS: _____

☐ *Microcredential Stack*

Date completed and posted in MIDAS: _____

8. METHODS OF TEACHING PHYSICAL EDUCATION K-12

☐ *University Course*

University: _____ Course code: _____

Course name: _____ Semester/Year: _____ Grade: _____

☐ *Microcredential Stack*

Date completed and posted in MIDAS: _____

9. METHODS OF TEACHING FITNESS FOR LIFE

☐ *University Course*

University: _____ Course code: _____

Course name: _____ Semester/Year: _____ Grade: _____

☐ *Microcredential Stack*

Date completed and posted in MIDAS: _____

10. ADAPTED PHYSICAL EDUCATION

☐ *University Course*

University: _____ Course code: _____

Course name: _____ Semester/Year: _____ Grade: _____

Date completed and posted in MIDAS: _____

☐ *Microcredential Stack*

Date completed and posted in MIDAS: _____

APPLICANT'S SIGNATURE

I certify that the information contained in this application is true.

- ☐ I have submitted any required documentation such as original transcripts, MIDAS transcripts, etc.
- ☐ Electronic transcripts must be sent directly from the College/University clearinghouse to the USBE Licensing Department at transcripts@schools.utah.gov.

Educator Signature: _____ *Date:* _____

APPLICATION SUBMISSION

Please submit your application online in the Utah Educator Licensing Application system, [SM Apply](https://usbelicensing.smapply.us) (<https://usbelicensing.smapply.us>)