

For Office Use Only

Date Received:

Date Sent to Specialist:

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Physical Education Endorsement

Application for the Utah State Board of Education

Applicant Information

Name: _____ CACTUS ID#: _____

E-mail: _____

Purpose

The goal of Physical Education is to develop healthy, responsible students who have the knowledge, skills, and dispositions to work together in groups, think critically, and participate in a variety of activities that lead to a lifelong healthy lifestyle.

The Physical Education endorsement is required for educators to teach physical education K-12. The physical education endorsement can be attached to an elementary license or secondary teaching license with the corresponding methods class for the grade level (i.e., elementary methods, secondary methods, K-12 methods).

Select Endorsement Type: Please check one.

- ☐ This application is for a Professional Physical Education endorsement.
- ☐ This application is for an Out of State Licensure Applicant.
- ☐ This application is for an Associate Physical Education endorsement. I have completed the following requirement(s):
 - ☐ Earned a bachelor's or higher degree in the endorsement area **or**
 - ☐ Completed at least 3 of the 9 requirement areas for the endorsement

Instructions for Completing the Application:

1. Complete the endorsement application by **filling in the table** demonstrating how you have completed at least one option for each of the 9 requirement areas.
2. Email completed application and required documentation to licensing@schools.utah.gov. Attach documentation to the email (e.g., MIDAS Transcript, certificates) and submit necessary University transcripts.

ENDORSEMENT REQUIREMENTS:

Physical Education has the following 9 content requirements:

- a) Introduction to, Administration of, or Philosophy of Physical Education
- b) Motor Learning
- c) Exercise Physiology
- d) Nutrition
- e) Physical Activity and Skill (two courses)
- f) Methods of Teaching Fitness for Life
- g) Methods of Teaching Physical Education (elementary, secondary, or K-12)
- h) Adapted Physical Education
- i) Current First Aid and CPR Certification. (*Submit copies of both sides of certification cards*)

Each requirement may be earned by taking university courses, UBSE courses, completing the Microcredential(s), or other experiences that demonstrates knowledge, skills, and dispositions as approved by the USBE Physical Education Specialist. Examples of other experiences could be teaching a university course, certification in a related area, coaching (for skills/activities requirement), or work experience directly related to the requirement.

Educators are required to maintain current CPR and first aid certification while teaching physical education. See [R277-311](#) for more information.

If Taking Utah-Based University Courses Approved by USBE:

1. University courses are reviewed and approved by agreement with USBE.
2. Applicants must earn a C or higher in the course(s) taken.

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Endorsement Requirement Areas Checklist

For a list of approved evidence of competency options that meet the endorsement requirements, please visit: [Physical Education Option Sheet](#)

Requirement Area (Aligned Area Competency hyperlink to more details below)	University Course <u>Evidence:</u> If this option is used the application must include a transcript for each course below	Microcredential Stack <u>Evidence:</u> If this option is used the application must include the PDF copy of the MIDAS Transcript for each stack listed below	Other Course or Experience <u>Evidence:</u> If this option is used it must be approved by the USBE Health Education Specialist and documentation provided.
Introduction to, Administration of, or Philosophy of Physical Education	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
Motor Learning	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
Exercise Physiology	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
Nutrition	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
Physical Activity and Skill (1)	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		

<u>Physical Activity and Skill</u> <u>(2)</u>	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
<u>Methods of Teaching</u> <u>Fitness for Life</u>	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
<u>Methods of Teaching</u> <u>Physical Education</u> <u>(elementary, secondary,</u> <u>or K-12)</u>	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
<u>Adapted Physical</u> <u>Education</u>	Course Name: _____ University _____ Course Code _____ Year _____ Grade _____		
CPR/First Aid Certification *Must be hands-on *Attach certificate			Approved Providers – check one American Heart Association: __ <input type="checkbox"/> __ American Red Cross: __ <input type="checkbox"/> __ Nat'l Safety Council: __ <input type="checkbox"/> __ Emergency Care & Safety Inst: __ <input type="checkbox"/>

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Applicant's Signature

I, _____, certify that the information contained in this application is true.

☐ I have attached any required documentation such as MIDAS transcripts, certifications, etc.☐ I have submitted original transcripts. Please note that copies are not acceptable. **OR** I have requested electronic transcripts to be sent directly from the university/college totranscripts@schools.utah.gov**For Office Use Only**☐ The application is complete and approved.☐ The application is incomplete, but the applicant qualifies for an associate endorsement.Applicant is qualified by: ☐ bachelor's degree or higher; ☐ # of Requirement Areas met☐ The application is incomplete and not approved for the following reason(s):

ENDORSEMENT SPECIALIST: _____

Date Reviewed and Returned to Licensing: _____