

As you work for higher skill, remember that how well you key fast is just as important as how fast you key. How well you key at any speed depends in major ways upon the technique or form you use. Bouncing hands and flying fingers lower the speed, while quiet hands and low finger reaches increase speed.

Few of us ever reach what the experts believe is perfect technique, but all of us should try to approach it. We must realize that good form is the secret to higher speed with fewer errors. We can then focus our practice on the improvement of the features of good form that will bring success.

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