

<b>A RAM SAM SAM</b>	A simple line dance adapted from Eastern European Muslim dance patterns rather than Moroccan or Arabic dance which is traditionally never done with men and women together.
STEPS	Walk; two-step (step-together-step); side-touch
FORMATION	One or more single lines with dancers in no particular order.
POSITIONS	Dancers join hands in a W hold (hands up and elbows down)
VARIATIONS	Once the students learn the basic foot pattern, try adding a little movement of the head and arms (down and up) on the side-touch, side-touch section of the dance.
MUSIC	Music is in 4 but the dance follows a slower beat with 4 phrases of 4 beats to complete the dance with the song. Introduction is 8 slow beats or 16 fast beats however it feels best to count it. The lyric rhythm for “Ram Sam Sam” sets the dance rhythm for the basic step-together-step footwork throughout the dance. They are always done together. The initial “A” is a pick-up beat. Don’t move until “Ram”
REPETITIONS	After the introduction repeat the dance 4 times to the music.

Line moves R on the R foot with a quick R quick L 1 and	walk slow R 2	Line continues R stepping on the L quick L quick R 3 and	walk slow L 4
Line continues R (keep arms in a W) walk slow R 1	walk slow L 2	Line continues R quick R quick L 3 and	walk slow R 4
Line faces forward as if center of circle (head & arms down) step L 1	(head & arms up) touch R to side of L 2	(head & arms down) step R 3	(head & arms up) touch L to side of R 4
Lines moves L on the L foot arms stay in a W walk slow L 1	Still moving to the L walk slow R 2	quick L quick R 3 and	walk slow L 4 (Line faces R to start again on the R foot)