

OCCUPATIONAL THERAPY STUDENT INTERNSHIP SKILLS LIST

Provo School District

This list is designed to help you obtain considerable information during your internship period. The column on the left will designate various procedures used in your internship you have been assigned. When you observe a procedure, record the date and have your mentor or sponsor initial the square. There is a lot to see and learn. Be sure to ask your mentor to show you as a much as he/she can.

PROCEDURES OR SKILLS	DATE	INITIAL	DATE	INITIAL	DATE	INITIAL
1. Measure grip strength						
2. Feel spasticity in a muscle						
3. Observe use of computer for cognitive rehab						
4. Observe standing pivot or modified standing pivot transfer						
5. State the rationales for use of lap tray						
6. Observe then state the rationale for use of paraffin bath treatment						
7. Take blood pressure measurement on a staff member						
8. Take a manual HR (heart rate) of a staff member before and then after activity						
9. Demonstrate the movements and directions of ranges of motions for UE's (worksheet)						
10. Identify the use of 5 pieces of assistive devices and their functions						
11. Identify the definitions/meanings of 10 commonly used abbreviations						
12. List the ABC's of CPR and state your response if someone should code						
13. List 5 different diagnosis you have seen in our rehab or could see at some time						
14. Define aphasia (receptive/expressive), dysphagia, apraxia, and left neglect						
15. List 3 types of stroke (3 sources which lead to CVA) (Nurses' Station)						
16. Demonstrate the operation of and parts/management of a wheelchair						
17. If possible: Observe the fabrication of a splint and state the rationale for it						