

## Lyra

Acrobats perform a stunt called the lyra, or aerial hoop. A rope	12
hangs a big hoop, like a hula hoop, from the ceiling. Acrobats hang off	26
the hoop to do different tricks.	32
They can flip around the hoop, or climb around it using only their	45
legs or arms. This stunt also requires a lot of body strength. Sometimes,	58
two acrobats use just one hoop at the same time to perform. This is a	73
very hard trick!	76
Some circuses only have acrobats. In New York City, there is one	88
group called Lady Circus. These women are professional acrobats and	98
have been training for years. They put on shows every month that	110
always have a big audience. The acrobats wear very colorful costumes	121
they make themselves. People love their performances! Since they are	131
loved so much, Lady Circus often performs at other events around the	143
city. But whenever they do perform, they always need high ceilings.	154
They have to hang up their silks and hoops.	163