

Need Transition Help?

COURIER Project of the Utah Parent Center

A Partnership - between the Utah Parent Center, Utah State Office of Rehabilitation, and Utah State Office of Education

- ✧ **Information and Referral Services on Transition, Vocational Rehabilitation, and other Adult Services**
- ✧ **Workshops for students, parents and professionals on:**
 - Plan for the Future: Employment and Higher Education
 - How Vocational Rehabilitation Can Help Students in High School
 - Teaching Self-Advocacy Skills
 - Getting and Keeping That First Job
 - Laws Impacting Transition
 - Adult Services
 - Section 504
 - Section 504 and Adult Services
 - Transition Mini-Conferences
- ✧ **Resources on the UPC website**

Join us at one of the following workshops to learn more about services available for employment and higher education.

Plan for the Future: Employment and Education Workshops

The Utah Parent Center will help parents understand transition issues as parents and students begin to forge and discover new areas while planning for the future. Come learn about adult services that support students through the transition to adult services process. Learn about college and university disability services that are available to support individuals with disabilities pursuing higher education or technical training.

This workshop helps families:

- Look at how vocational rehabilitation can be involved in the IEP when planning for employment goals
- Better understand vocational rehabilitation programs and services
- Better understand services for students with disabilities in higher education
 - September 17, 2013 – DaVinci Academy, Ogden
 - September 19, 2013 – Beehive Academy, Sandy
 - October 3, 2013 – Legacy Preparatory Academy, Woods Cross
 - October 10, 2013 – City Academy, Salt Lake City
 - October 22, 2013 – CTEC, Sandy
 - November 12, 2013 – Davis PDC, Farmington

For more information:

COURIER Project

Utah Parent Center

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Call the Utah Parent Center at 801.272.1051 or toll-free in Utah at 1.800.468.1160 for more information or to register to attend the workshop.



COURIER Project

"Disability is a natural part of the human experience and in no way diminishes the right of individuals to: live independently; enjoy self-determination; make choices; contribute to society; pursue meaningful careers; and enjoy full inclusion and integration in the economic, political, social, cultural, and educational mainstream of American society."

--Rehabilitation Act, 1998

The Utah Parent Center is implementing statewide activities designed to provide information, training, outreach, and referral services for parents of transition-aged youth and young adults (ages 15-26) with all disabilities. The project is called the COURIER Project and is sponsored by the Utah State Office of Rehabilitation and the Utah State Office of Education. Emphasis will be placed on training and providing information for parents of students on:

- Individualized Education Programs,
- Section 504 Plans, and
- Special Health Care Needs Plans

Through new workshops, publications, and individual assistance, this program focuses on helping individuals with disabilities and their family members to understand and access vocational rehabilitation and to develop the knowledge and skills needed to become active decision makers in the process. The program focuses on helping families prepare their youth with disabilities for transition from special education or a Section 504 Plan to successful post school employment and postsecondary education.

The Utah Parent Center is called on to provide information on a wide range of transition issues as parents and students begin to forge and discover new areas while planning for the future. At 16, a transition Individualized Education Plan (IEP) is developed by a team at the school and focuses on preparing for postsecondary education, employment, or other post school adult living objectives. When an individual with a disability qualifies for vocational rehabilitation (VR) services an Individualized Plan for Employment (IPE) is developed with their VR counselor where employment, education or training, and other issues are discussed. Both plans are individualized to the individual. Learning about vocational rehabilitation, how to navigate the new services and the process of developing an IPE can be confusing at first for students and parents to navigate.

The project helps individuals with disabilities and their families:

- Better understand vocational rehabilitation programs and services;
- Communicate more effectively with transition and rehabilitation personnel and other professionals,
- Understand the process of qualifying for vocational rehabilitation and developing an Individualize Plan for Employment (IPE), and
- Understand how to access disability resource centers on college campuses.



For more information contact the Utah Parent Center

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