

PREPARING

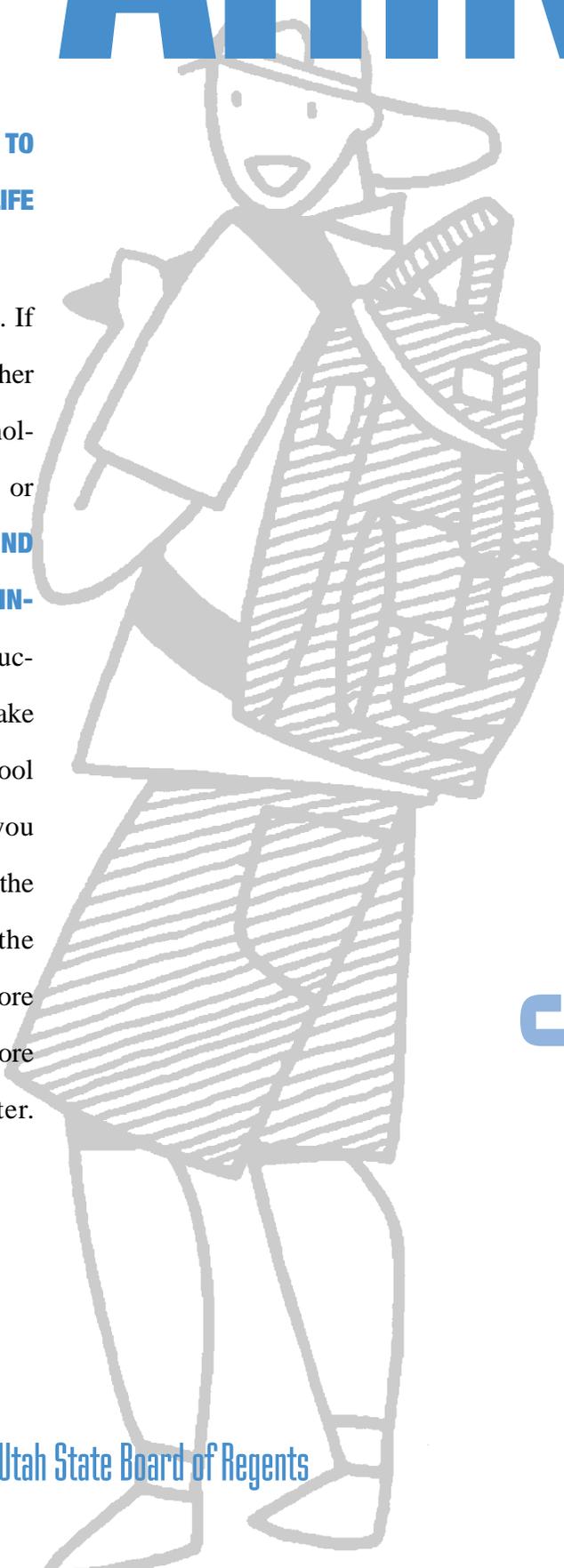
Your Guide to Academic Success

For Life After High School



**IT'S NEVER TOO EARLY TO
START PLANNING FOR LIFE
AFTER HIGH SCHOOL.**

There are many options available. If you have already decided to further your education at an applied technology center, college, or university, or even if you're not sure, **YOU'LL FIND THIS BROCHURE PACKED WITH INFORMATION** that will help you succeed as you plan for your career. Take a look. Then work with your school counselor and your parents as you plan for your future. Remember—the harder and smarter you work, the more questions you ask, and the more information you have *NOW*, the more opportunities you will have later. Good luck!

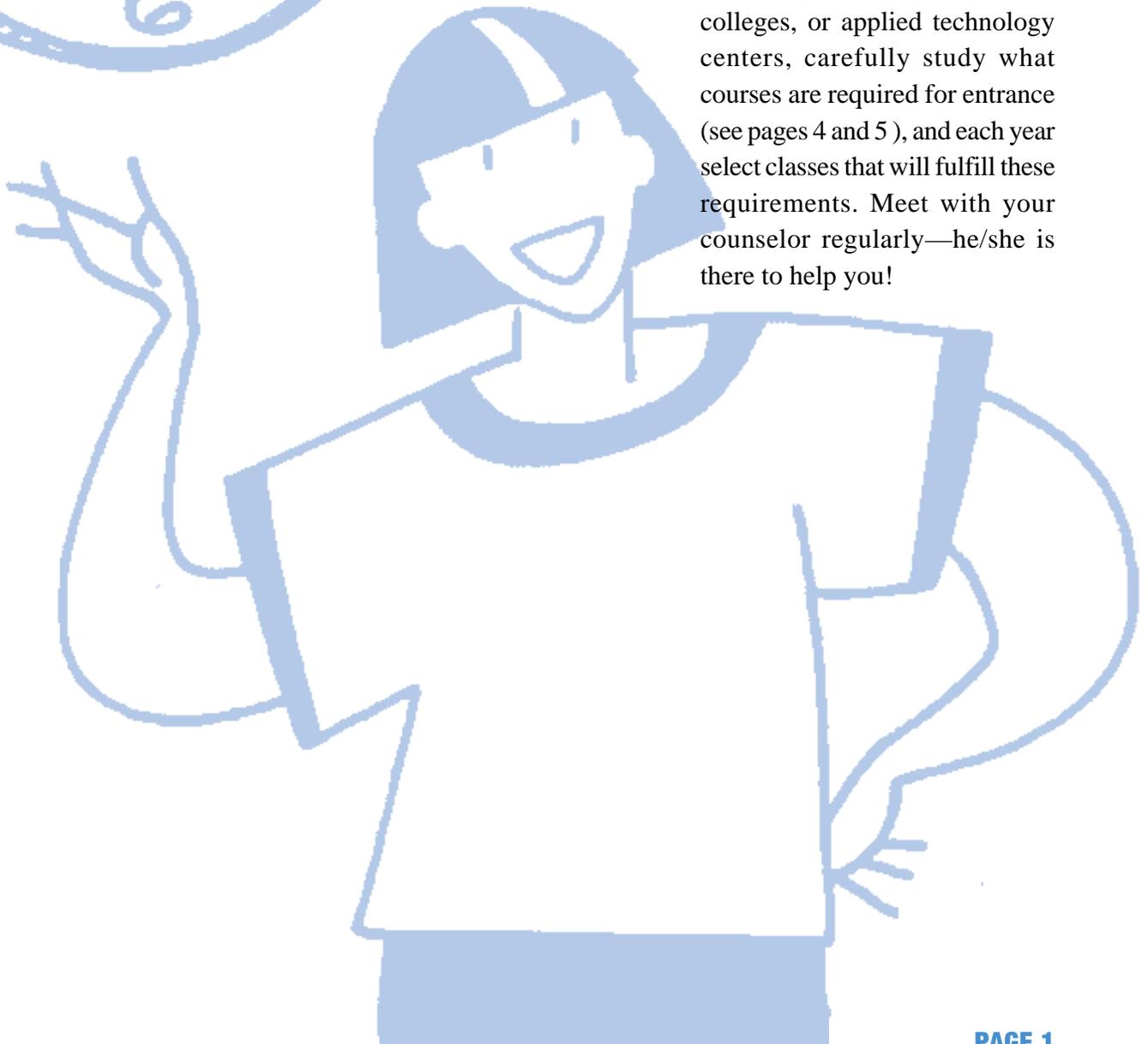


Plan Now for Your Post-High School Education

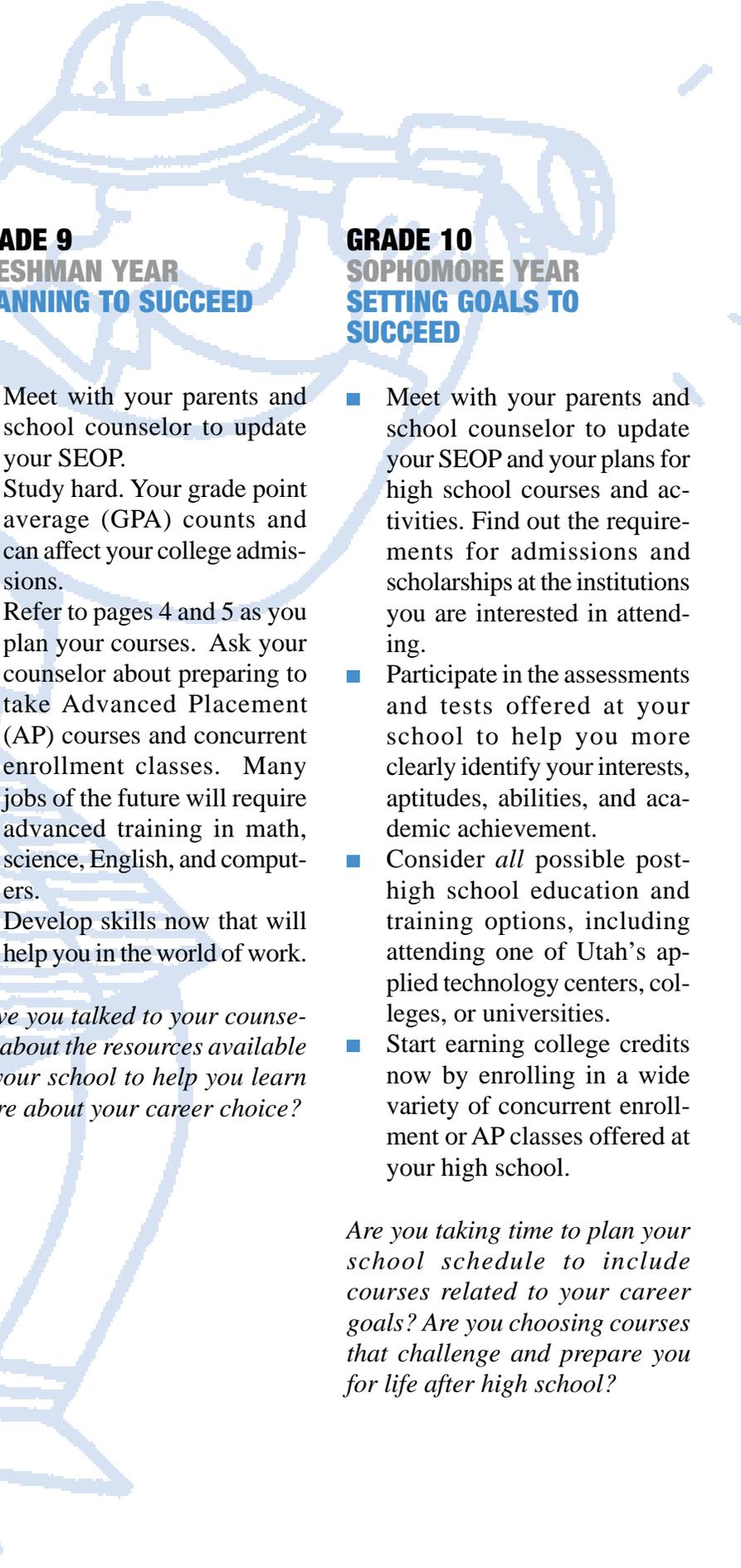
The single most important ingredient in planning your future is **YOU**.

Begin planning as early as possible for your post-high school education. If you wait until your last year of high school, it may be too late both academically and financially to apply and get admitted to the school you are really interested in attending.

If you plan to attend one of Utah's public universities, colleges, or applied technology centers, carefully study what courses are required for entrance (see pages 4 and 5), and each year select classes that will fulfill these requirements. Meet with your counselor regularly—he/she is there to help you!



PLAN NOW



GRADES 6-8 **EXPLORING AND** **EXPANDING ON YOUR WAY** **TO SUCCESS**

- In the fall, meet with your school counselor to develop your Student Education Occupation Plan (SEOP). Let him/her know that you want to attend a university, college, or applied technology center. Ask the counselor to help you schedule classes that will prepare you.
- Work for good grades and get involved in extracurricular activities.
- Check out academic support and precollege enrichment programs.
- Save as much money for your post-high school education as you and your family can afford.

Did you know your favorite classes may give you a hint as to what career you may want in the future?

GRADE 9 **FRESHMAN YEAR** **PLANNING TO SUCCEED**

- Meet with your parents and school counselor to update your SEOP.
- Study hard. Your grade point average (GPA) counts and can affect your college admissions.
- Refer to pages 4 and 5 as you plan your courses. Ask your counselor about preparing to take Advanced Placement (AP) courses and concurrent enrollment classes. Many jobs of the future will require advanced training in math, science, English, and computers.
- Develop skills now that will help you in the world of work.

Have you talked to your counselor about the resources available at your school to help you learn more about your career choice?

GRADE 10 **SOPHOMORE YEAR** **SETTING GOALS TO** **SUCCEED**

- Meet with your parents and school counselor to update your SEOP and your plans for high school courses and activities. Find out the requirements for admissions and scholarships at the institutions you are interested in attending.
- Participate in the assessments and tests offered at your school to help you more clearly identify your interests, aptitudes, abilities, and academic achievement.
- Consider *all* possible post-high school education and training options, including attending one of Utah's applied technology centers, colleges, or universities.
- Start earning college credits now by enrolling in a wide variety of concurrent enrollment or AP classes offered at your high school.

Are you taking time to plan your school schedule to include courses related to your career goals? Are you choosing courses that challenge and prepare you for life after high school?

Do you know
the door of
opportunity
is always
open?



GRADE 11 JUNIOR YEAR DECIDING TO SUCCEED

SEPTEMBER - DECEMBER

- Meet with your parents and school counselor to update your SEOP. Ask where you can get college and career information.
- Ask your counselor about taking tests that will qualify you for national scholarships.
- Attend “parents’ night,” “college night,” and college fairs.
- Check out concurrent enrollment classes offered at your high school. You may be able to start earning college credits now.

JANUARY - MARCH

- Register to take the ACT and/or SAT college admissions test(s). Your school may offer a test preparation program.
- Make plans to visit the campuses you are interested in attending. When you make the visits, pick up a catalog and application forms.
- Investigate financial aid and scholarship programs. It is your responsibility to learn about your options.

APRIL - AUGUST

- Take the ACT and/or SAT college admissions test(s).
- Plan ahead for your post-high school education finances. Use your summer to earn money for college in a job related to your career interests.

Have you made all the necessary preparations to reach your goals? If you don't know where you're going, you'll probably end up someplace else!

GRADE 12 SENIOR YEAR APPLYING TO SUCCEED

AUGUST - DECEMBER

- Meet with your parents and school counselor to update your SEOP and get advice about graduation regarding your high school completion and post-high school plans.
- Attend the Post-High School Tour that will visit your high school. Get application forms from the colleges you are interested in attending and begin to fill them out. Apply for available scholarships. **REMEMBER DEADLINES!**
- Take the ACT and/or SAT or re-take them if you feel you can improve your score.
- Meet with your counselor to review your application forms and get a copy of your high school transcripts.

JANUARY - MARCH

- Send in your applications for admissions and scholarships. **REMEMBER DEADLINES!**
- Complete the Free Application for Federal Student Aid (FAFSA). **REMEMBER DEADLINES!**

APRIL - AUGUST

- Notify the colleges to which you have been accepted to let them know whether or not you plan to attend.
- Schedule your exit interview with your counselor to finalize your high school graduation and to review plans and goals for your future.

Keep your options open! If you don't receive a scholarship, post-high school education is still an option. See page 6 for more information.

Admission Requirements



For Utah's Public Colleges and Universities

There are three levels of admission requirements among Utah's nine public colleges and universities:

LEVEL ONE:

The **University of Utah** and **Utah State University*** require you to take the courses listed below and meet a certain admissions index number (see page 10).

LEVEL TWO:

Southern Utah University and **Weber State University*** strongly recommend these courses, and they also have an admissions index requirement.

Number of Years	Subject
4	ENGLISH <i>Selected from courses emphasizing composition and literature.</i>
3	MATHEMATICS <i>Selected from elementary algebra, geometry, intermediate algebra, trigonometry, college or advanced algebra, or calculus. Students are strongly encouraged to take courses through at least trigonometry.</i>
3	BIOLOGICAL/PHYSICAL SCIENCE <i>Selected from at least a one-year course with a laboratory experience.</i>
1	AMERICAN HISTORY
4	ADDITIONAL COURSES <i>Selected from at least two of the following areas: English, history, math (beyond intermediate algebra), foreign language, lab science, social science, and fine arts.</i>
2	FOREIGN LANGUAGE <i>Selected from two years of the same language taken during grades 7-12 (required only at the University of Utah).</i>

*Refer to your school counselor, the USHE web page (www.utahsbr.edu), or the newest version of the Utah Council on Secondary and Post-Secondary Relations Student Guide Book for the latest admissions index guidelines.

For Utah's Applied Technology Centers and Applied Technology Centers Service Regions

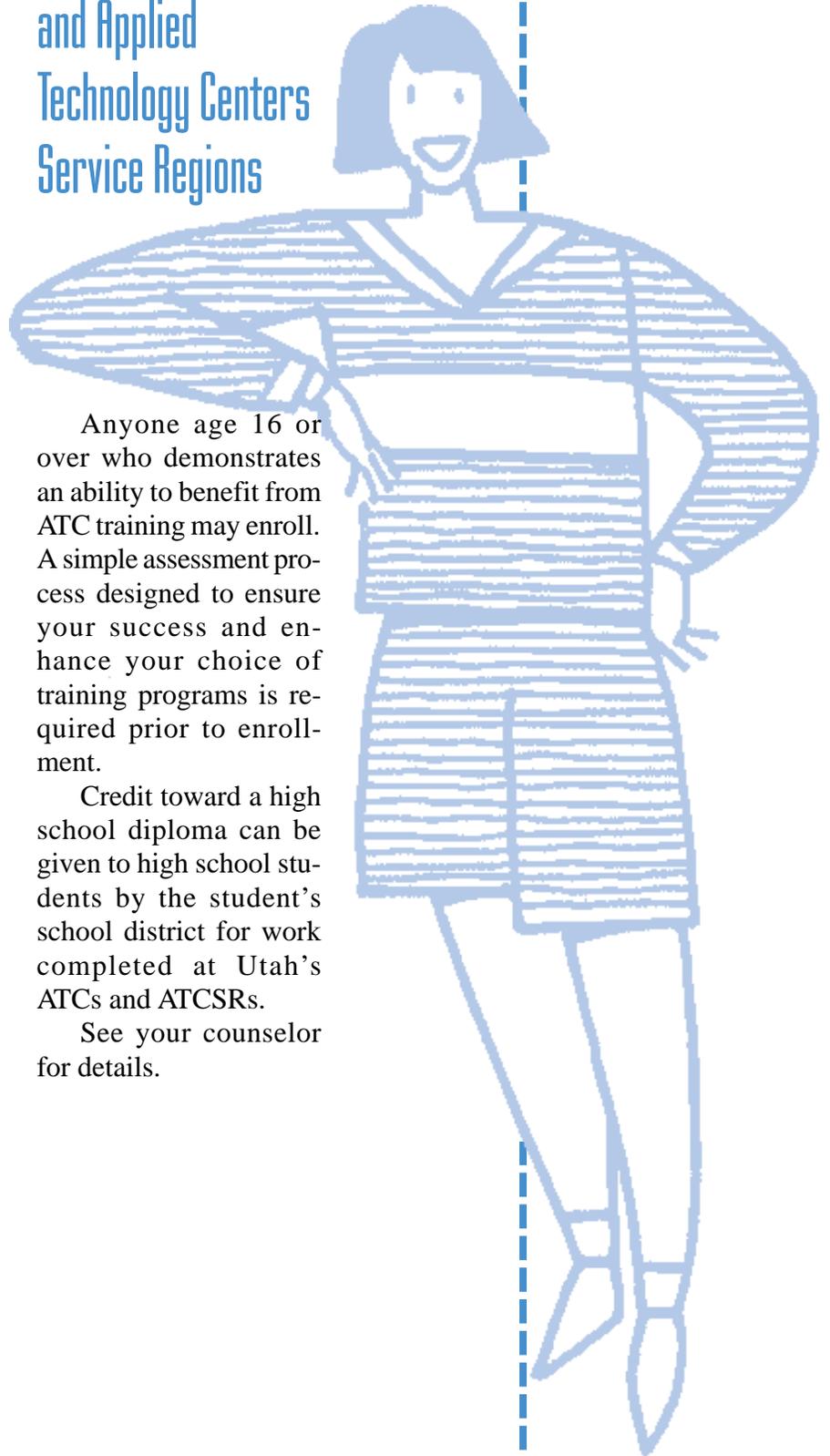
LEVEL THREE:

The **College of Eastern Utah, Snow College, Dixie College, Utah Valley State College, Salt Lake Community College, and Weber State University*** strongly recommend these courses. They will accept students consistent with the availability of funding and classes. In addition, students must take the ACT, SAT, or a placement exam. The results are used for placement and are not for denial of admission.

Anyone age 16 or over who demonstrates an ability to benefit from ATC training may enroll. A simple assessment process designed to ensure your success and enhance your choice of training programs is required prior to enrollment.

Credit toward a high school diploma can be given to high school students by the student's school district for work completed at Utah's ATCs and ATCSRs.

See your counselor for details.



PAYING for Your Post-High School Education

You and your family are expected to share in the cost of your college education. Help is available, and cost should not stand in your way. The earlier you begin to plan and save for college costs, the easier it will be.

ONE WAY OF SAVING FOR COLLEGE

Saving money ahead of time could mean you end up borrowing less and graduate with less student loan debt. The **Utah Educational Savings Plan Trust (UESP)** provides state and federal tax incentives for parents, grandparents, and others to establish trust accounts now for your future college costs. *For information, call UESP at 1-800-418-2551 or in Salt Lake City at 801-321-7188.*

IN ORDER TO QUALIFY FOR SCHOLARSHIPS, GRANTS, WORK STUDY, AND/OR LOANS, YOU MUST FILE A FREE APPLICATION FOR FEDERAL STUDENT AID (FAFSA).

SCHOLARSHIPS

Scholarships are available but limited. Some scholarships are based on special skills and merit and some are based on particular fields of study which vary by institution. *For an excellent free resource on scholarships available nationally, visit www.fastWEB.com.*

NEED-BASED GRANTS AND WORK-STUDY OPPORTUNITIES

These are funds from grants and work-study jobs that do not need to be repaid. Apply as soon as possible in January or February of your senior year for need-based grants and loans. See your counselor for more details.

GUARANTEED STUDENT LOANS

Costs beyond those covered by grants and work study can be covered by guaranteed student loans. Three types are available to you or your parents depending upon your need:

- Subsidized Federal Stafford Loans
- Unsubsidized Federal Stafford Loans
- Federal PLUS Loans

FEDERAL PERKINS LOANS

These loans have an even lower interest rate than Stafford Loans but are limited in number and are usually offered only to students who apply early.

UTAH STUDENT LOAN PROGRAMS (USLP) SAVINGS FOR BORROWERS

If you or your parent gets a Stafford or PLUS loan from a Utah lender that participates in the State Loan Purchase Program, you can save on origination costs and also qualify for significant savings during repayment. Visit www.uslp.edu or ask your financial aid office to find out which lenders participate.



**Utah Student
Loan Programs**

for your future

www.utah-student-assist.org

EDUCATION – IT PAYS FOR THE REST OF YOUR LIFE!



The best rewards of getting more education after high school are not measured in dollars and cents. Life is simply more exciting and fulfilling when you know more about it. But money is also important. Here is the average annual income and average income over a work life based on academic achievement.

FOR MORE INFORMATION

Contact your high school counselor, the student financial aid office at the institution to which you are applying, or USLP directly at 1-800-418-2251 (in Salt Lake City, call 801-321-7188). Ask USLP for loan brochures and a copy of the free booklet: *FINANCIAL SURVIVAL 101*.

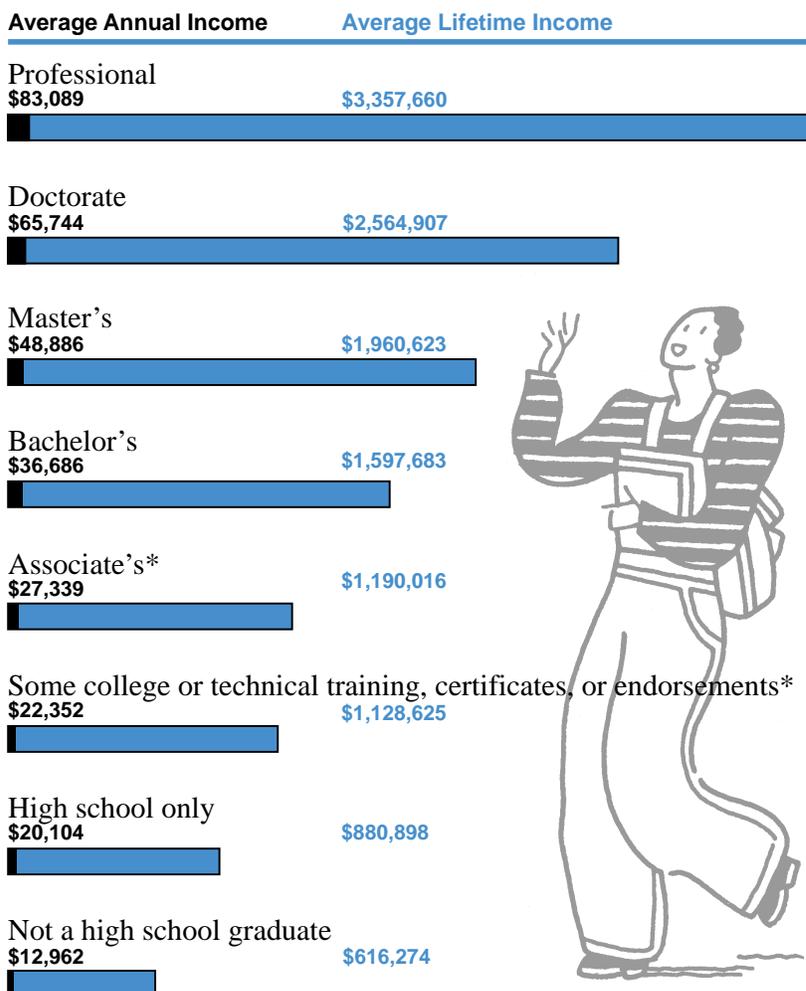
There are also several excellent sources of financial aid information on the Internet. Start with www.uslp.edu for tips on saving money and links to a host of other useful sites.

REMEMBER:

YOU CAN RECEIVE AID FROM MORE THAN ONE SOURCE.

Be aware of the deadlines for financial aid and then meet them. Apply early to get more aid!

Eligibility for financial aid is determined by information you provide on the FAFSA form.



* Includes ATCs and community colleges.

Source: U.S. Department of Commerce, Bureau of the Census, 1996.

INSTITUTIONAL LISTINGS

PUBLIC INSTITUTIONS

COLLEGE OF EASTERN UTAH

Contact: High School Relations
451 East 440 North
Price, UT 84501
Phone: (435) 637-2120 or 1-800-336-2381
Web address: www.ceu.edu

DIXIE COLLEGE

Contact: School Relations
225 South 700 East
St. George, UT 84770
Phone: (435) 652-7706
Web address: www.dixie.edu

SALT LAKE COMMUNITY COLLEGE

Contact: SLCC Admissions
P.O. Box 30808
Salt Lake City, UT 84130-0808
Phone: (801) 957-4297
Web address: www.slcc.edu

SOUTHERN UTAH UNIVERSITY

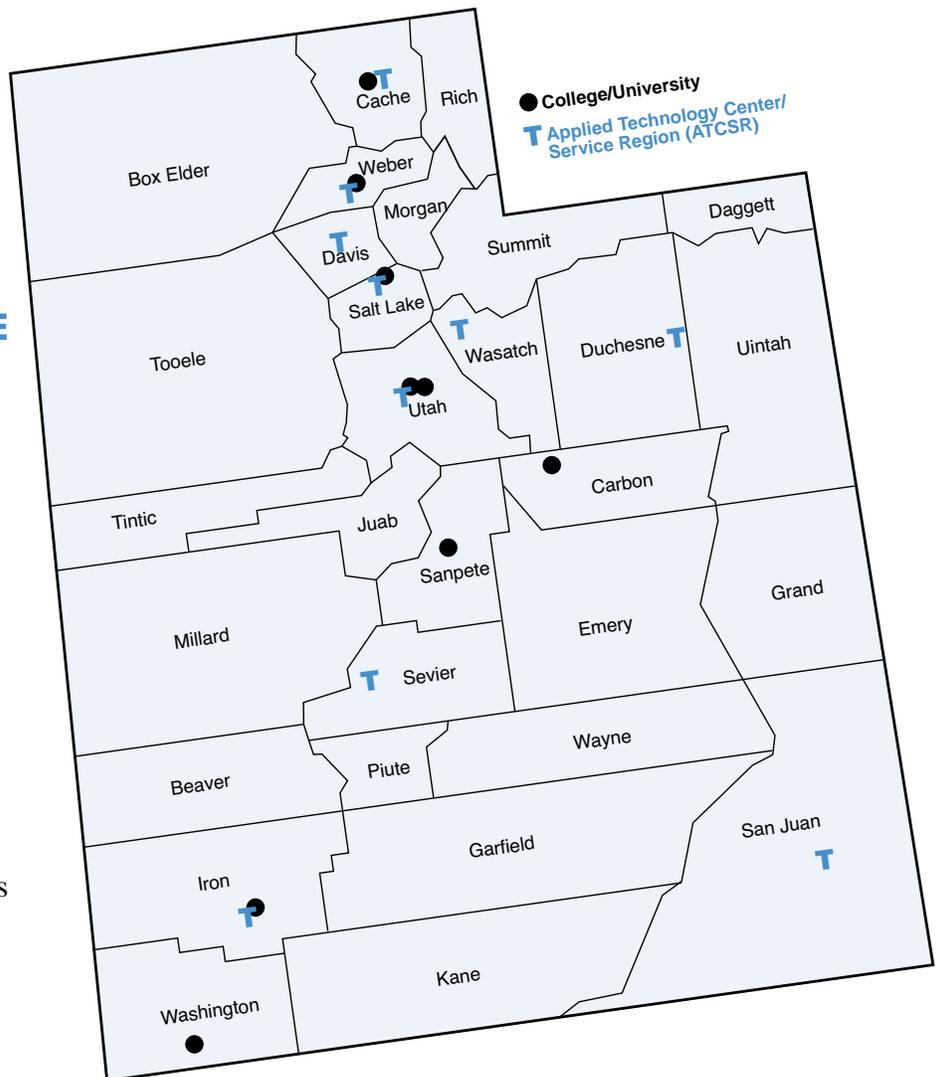
Contact: School Relations
351 West Center Street
Cedar City, UT 84720
Phone: (435) 586-7741
Web address: www.suu.edu

SNOW COLLEGE

Contact: Office of School Relations
150 College Avenue
Ephraim, UT 84627
Phone: (435) 283-7150
or 1-800-848-3399
Web address: www.snow.edu

UNIVERSITY OF UTAH

Contact: Office of Student Recruitment
200 South Central Campus Drive, Room 80
Salt Lake City, UT 84112
Phone: (801) 581-8761 or 1-800-685-8856
Web address: www.utah.edu



UTAH STATE UNIVERSITY

Contact: High School/College Relations
University Inn 101
Logan, UT 84322-0160
Phone: (435) 797-1129
Web address: www.usu.edu

UTAH VALLEY STATE COLLEGE

Contact: High School Relations-180
800 West 1200 South
Orem, UT 84058-5999
Phone: (801) 222-8346
Web address: www.uvsc.edu

WEBER STATE UNIVERSITY

Contact: Student Recruitment Services
1103 University Circle
Ogden, UT 84408-1103
Phone: (801) 626-6050 or 1-800-848-7770
Web address: www.weber.edu

APPLIED TECHNOLOGY CENTERS/APPLIED TECHNOLOGY CENTER SERVICE REGIONS

BRIDGERLAND APPLIED TECHNOLOGY CENTER

1301 North 600 West
Logan, UT 84321
Phone: (435) 753-6780
Web address: www.batc.tec.ut.us

DAVIS APPLIED TECHNOLOGY CENTER

550 East 300 South
Kaysville, UT 84037
Phone: (801) 546-2441
Web address: www.datc.tec.ut.us

OGDEN-WEBER APPLIED TECHNOLOGY CENTER

559 East AVC Lane
Ogden, UT 84404-6751
Phone: (801) 627-8300
Web address: www.owatc.tec.ut.us

SEVIER VALLEY APPLIED TECHNOLOGY CENTER

800 West 200 South
Richfield, UT 84701
Phone: (435) 896-8202
Web address: www.svatc.tec.ut.us

UINTAH BASIN APPLIED TECHNOLOGY CENTER

1100 East Lagoon Street, (124-5)
Roosevelt, UT 84066
Phone (435) 722-4523
Web address: www.ubatc.tec.ut.us

MOUNTAINLAND APPLIED TECHNOLOGY CENTER SERVICE REGION

Utah Valley State College
800 West 1200 South
Orem, UT 84058
Phone: (801) 764-7565
Web address: www.uvsc.edu/depts/matc

SOUTHEAST APPLIED TECHNOLOGY CENTER SERVICE REGION

College of Eastern Utah
451 East 400 North
Price, UT 84501
Phone: (435) 637-2120
Web address: www.surweb.org

SOUTHWEST APPLIED TECHNOLOGY CENTER SERVICE REGION

SW Educational Developmental Center
520 West 800 South
Cedar City, UT 84720
Phone: (435) 586-2899
Web address: www.sedc.k12.ut.us

WASATCH FRONT SOUTH APPLIED TECHNOLOGY CENTER SERVICE REGION

Wasatch Front South Consortium
3031 South 200 East
Salt Lake City, UT 84115
Phone: (801) 481-7272
Web address: www.wfsec.tec.ut.us

Survival Words

The following terms are important to know when planning for your post-high school education.

ACT TEST

The American College Test measures your preparedness for college in academic areas such as math, English, and science. It is recommended you take the test in your junior year so that you may retake it, if needed, during your senior year. You must take the ACT to be accepted into any of Utah's public and private universities.

ADMISSIONS INDEX

An index used to combine your GPA and ACT or SAT test scores. To be accepted into any of Utah's four public universities, you must have a minimum index score from the Admissions Index. Talk to your counselor to find out your exact index number. Web address: www.utahsbr.edu

AP COURSES

Advanced placement courses you may take in high school. Passing AP tests will give you college credit.

APPLIED TECHNOLOGY EDUCATION

Formerly called vocational education, ATE provides specific training for particular occupations.

ASSESSMENT

Various tests that can measure your interests, abilities, and achievements.

ASSOCIATE'S DEGREE

A two-year degree offered by colleges and universities.

BACHELOR'S DEGREE

A four-year degree offered by colleges and universities.

CONCURRENT ENROLLMENT

An opportunity for high school students to earn college credit while they are still in high school.

CUMULATIVE GPA

The combined average of all the grades you earn from the beginning of ninth grade.

FAFSA

Free Application for Federal Student Aid. You must complete this form to apply for federal financial aid.

GPA

Grade Point Average. An average of the grades you earn in any grading period.

PRECOLLEGE PROGRAMS

Programs that help high school students prepare for college, such as MESA, Upward Bound, and Talent Search.

SAT TEST

The Scholastic Aptitude Test, sometimes referred to as the College Board. A test that measures your verbal and mathematical reasoning abilities. It is recommended you take the test in your junior year so that you may retake it, if needed, during your senior year. While Utah's universities only require your test scores from the ACT, universities and colleges in other states require your SAT scores. If you are interested in attending an out-of-state institution, check their admissions policies.

SEOP

Student Education Occupation Plan. A planning process that helps you develop your education and occupa-

tion plans beginning in the seventh grade. Check out the SEOP home page at www.uen.org/utah/link/seop.

SCHOLARSHIPS

Cash awards, tuition waivers, and other financial assistance to be used to pay some or all of your tuition, books, and other college-related costs.

TYPES OF POST-HIGH SCHOOL INSTITUTIONS

APPLIED TECHNOLOGY CENTERS

ATCs provide open-entry, open-exit applied technology programs designed to meet business and industry needs. There are five ATCs throughout Utah.

APPLIED TECHNOLOGY CENTER SERVICE REGIONS

ATCSRs provide open-entry, open-exit applied technology programs designed to meet business and industry needs. ATCSRs are partnerships between public and higher education that provide applied technology education in regions where there are no stand-alone ATCs. There are four ATCSRs in Utah.

COLLEGE

An institution of higher learning that offers applied technology (vocational) education and two- and four-year programs. Specific admissions requirements must be met to be admitted to a college.

COMMUNITY COLLEGE

An institution of higher learning that provides applied technology (vocational) education as well as general and liberal education leading to associate of arts, science, or applied science degrees. Certificates are awarded for short-term and applied technology programs. Admission to a community college is open to all applicants.

UNIVERSITY

An institution of higher learning where you can earn a two-year certificate or diploma and bachelor's, graduate, and professional degrees. Universities also conduct research projects. Specific admissions requirements must be met to be admitted to a university.

Each post-high school institution provides valuable education and training. It is possible for you to experience each type as you train and re-train to prepare for a career.

SEOP PLAN

Student Education Occupation Plan for reaching your education and career goals.

As you complete your four-year plan, choose classes from a variety of programs offered by your school that help you meet your graduation requirements as well as the entrance requirements for Utah's post-high school institutions. (See pages 4 and 5.) In addition, include those classes in other fields that interest you personally, such as agriculture, business, family and consumer sciences, economics, health occupations, marketing, technology, trade and industry, fine arts, foreign language, driver education, and other electives.

GRADE 9

English

Math

Science

Social Studies

Physical Education

Other*

Other*

GRADE 10

English

Math

Science

Social Studies

Physical Education

Other*

Other*

Other*

GRADE 11

English

Math

Science

Social Studies

Physical Education

Other*

Other*

Other*

GRADE 12

English

Math

Science

Other*

Other*

Other*

Other*

Other*

* These should relate to your current career goals.

