

Child Nutrition Programs

S.B. 2 (2011)

Report of State Fiscal Year 2013



Prepared by the

Utah State Office of Education
Child Nutrition Programs

October 7, 2013

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Background

- USDA Food and Nutrition Services (FNS), Child Nutrition Programs
- USDA FNS Programs provided in Utah
 - Child and Adult Care Program
 - School Meals Programs
 - National School Breakfast Program
 - National School Lunch Program
 - After School Snack Program
 - Fresh Fruit and Vegetable Program
 - Farm to School Program
 - Seamless Summer Program
 - Special Milk Program
 - Summer Food Service Program
 - USDA Foods
 - TEFAP



Child and Adult Care Programs

Operates in a variety of settings

- State Licensed Child Care Centers
- Family Day Care Homes
- Emergency & Homeless Shelters
- Head Start Programs
- Adult Day Care Facilities
- At Risk Afterschool Meals Program



Advantages for Participants

- Meals Meet Federal Guidelines
- Training and Health Promotion Materials
- Reduced Costs for Parents
- Better Pay and Additional Jobs
- Creates a Foundation for Healthy Eating

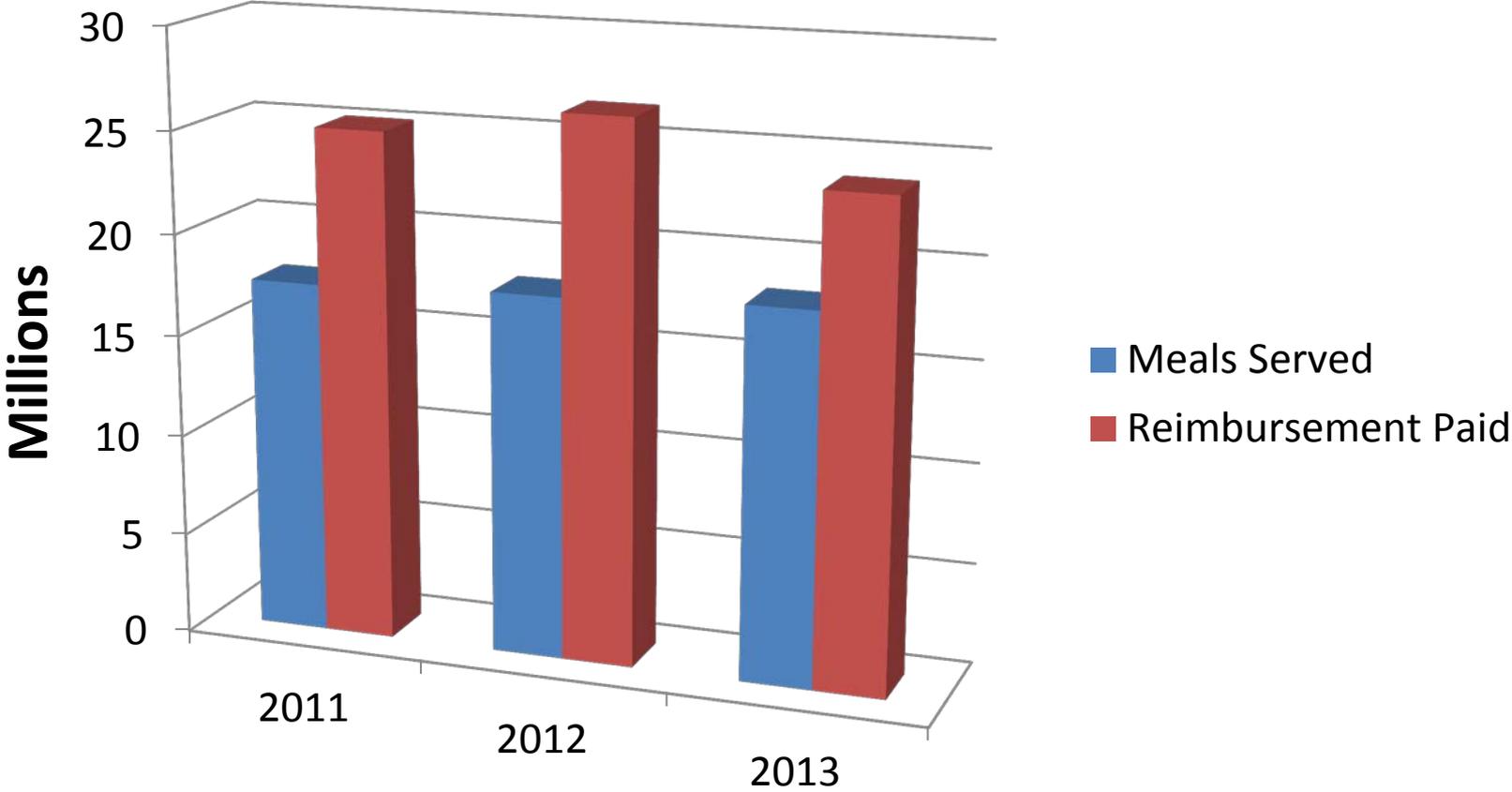




Participation Data

- Data based on FY2013
 - 8 Family Day Care Sponsors
 - 2400+ Child Day Care Home Providers
 - 185 Child Care Centers
 - 104 Head Start Centers
 - 55 At-Risk Afterschool Meals Programs
 - 13 Emergency and Homeless Shelters
 - 5 Adult Day Care Centers

Meals Served and Reimbursement Received by CACFP Sponsors





School Meals Programs

- National School Breakfast Program
- National School Lunch Program
- Fresh Fruit and Vegetable Program
- After School Snack Program
- Farm to School
- Seamless Summer Program



National School Breakfast Program

- Nutritional Breakfast Meal
- Improved Overall Health
- Start School Ready to Learn
- Less visits to School Nurse
- Decreased Behavior Problems
- Decreased Absenteeism



SBP Participation Data

SY 2013

- 798 participating schools
- 77,899 students participating on a daily average in Utah



National School Lunch

- Encourages schools to create a healthy school environment.
- Provide a nutritional, balanced lunch meal to students.
- Proper nutrition improves:
 - Child Behavior
 - Ability to Learn
 - Physical Development.¹



¹Child Nutrition Fact Sheet, <http://frac.org/newsite/wp-content/uploads/2009/09/cnnsfp.pdf>, retrieved 10/4/2013. Photo from Provo Nutrition Services.

NSLP Participation Data

SY 2013

- 927 participating sites
- Served almost 23 million free meals, just over 6 million reduced price meals, and over 25 million paid meals
- Daily average of 330,000 meals served across Utah



Fresh Fruit and Vegetable Program

- Provides a fresh fruit or vegetable snack to children in elementary school
- Increases the consumption of fruits and vegetables
- Provides Nutritional Education
- Creates a Healthier School Environment
- Teaches Healthy Eating Habits



FFVP Participation Data

- SY 2013
 - Elementary schools must have at least 50% of enrolled students eligible for free or reduced price meals
 - Annual allotment to eligible schools
 - No charge to students for fresh fruit or fresh vegetable snack
 - 84 participating schools
 - Number of students enrolled in participating schools = 77,102



After School Snack (NSLP)

- Healthy snacks are provided to eligible children participating in after school programs sponsored by schools participating in the NSLP.



Farm to School

The benefits of Farm to School programs are many:

- The creation of local and regional jobs
- Positive impact on community and farm economies
- Greater access to healthy foods
- Increased consumption of fresh fruits and vegetables
- Experiential education programs that teach students about the origins of food

NATIONAL
FARM to
SCHOOL
MONTH



Farm to School

In 2011, the National Conference of State Legislators listed state Farm to School policies as one way to reverse the trend in childhood obesity, cultivate healthy community design and improve access to healthy food.

Farm to School



Heber Valley Creamery serving up samples to Franklin Valley Elementary School students at the annual Provo School District Farm to School/Utah's Own fair.



Other USDA Programs

- Special Milk Program
- Summer Food Service Program

Special Milk

- Children that do not have access to the school breakfast or school lunch can receive low-fat non-flavored or fat free flavored milk.



Summer Food Service

- The Summer Food Service Program provides a nutritious breakfast, snack, lunch, and/or dinner meals to children in low income areas when school is not in session.
- Meals are often served in schools or park sites throughout the state. Anyone in the community can participate in the eligible summer meals program.
- SY 2013
 - No charge for meals for eligible children
 - 124 sites participating
 - Student meals served: 66,168 breakfasts with 550,724 lunches, 4,406 snacks, and 35,915 dinners





USDA Food Distribution Programs

- USDA Foods (Commodity Foods)
- TEFAP (Emergency Food Assistance Program)

USDA Foods

- Entitlement **\$11,259,293**
- **11,557,590** pounds of food
- Fresh Produce **\$1,805,587**
- **75** different items filling **300+** truckloads
- Approximately **20%** of the school food purchases are USDA Foods



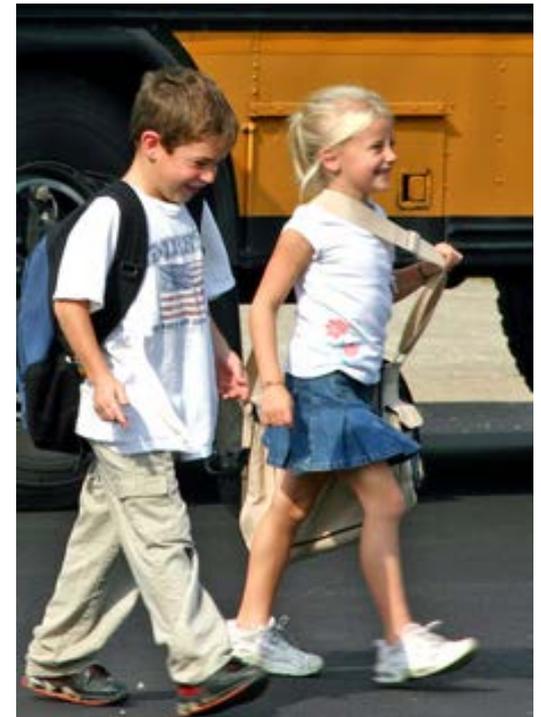


TEFAP

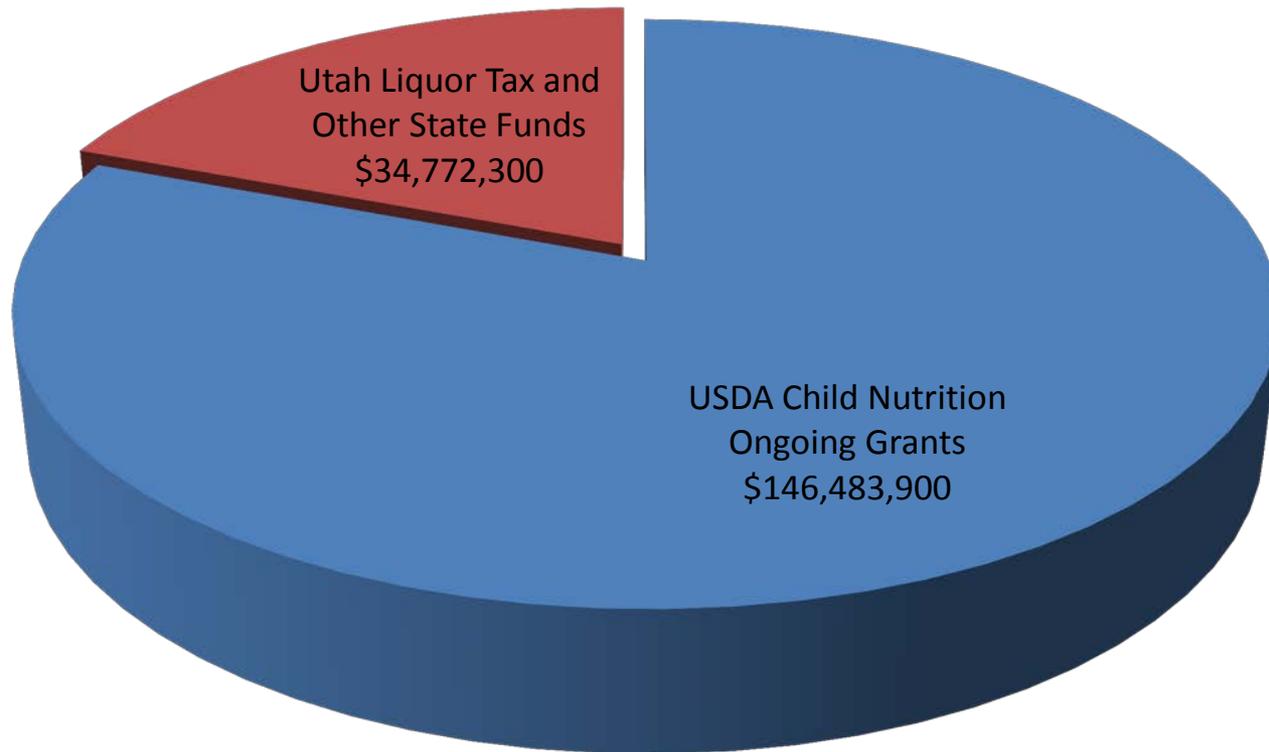
- Emergency Food Assistance Program
- Entitlement **\$1,689,761**
- **2,489,998** pounds of food
- Bonus **\$1,086,115**
- **1,160,785** pounds of food
- **64** different items
- **90+** truckloads
- Administrative Grant **\$500,540**
 - **100%** is flowed through to the eligible food organizations
- Recipients include the Utah Food Bank, food pantries

Program Impact

- Child care children
- School aged children
- Part time employment
- Full time employment
- Food industry



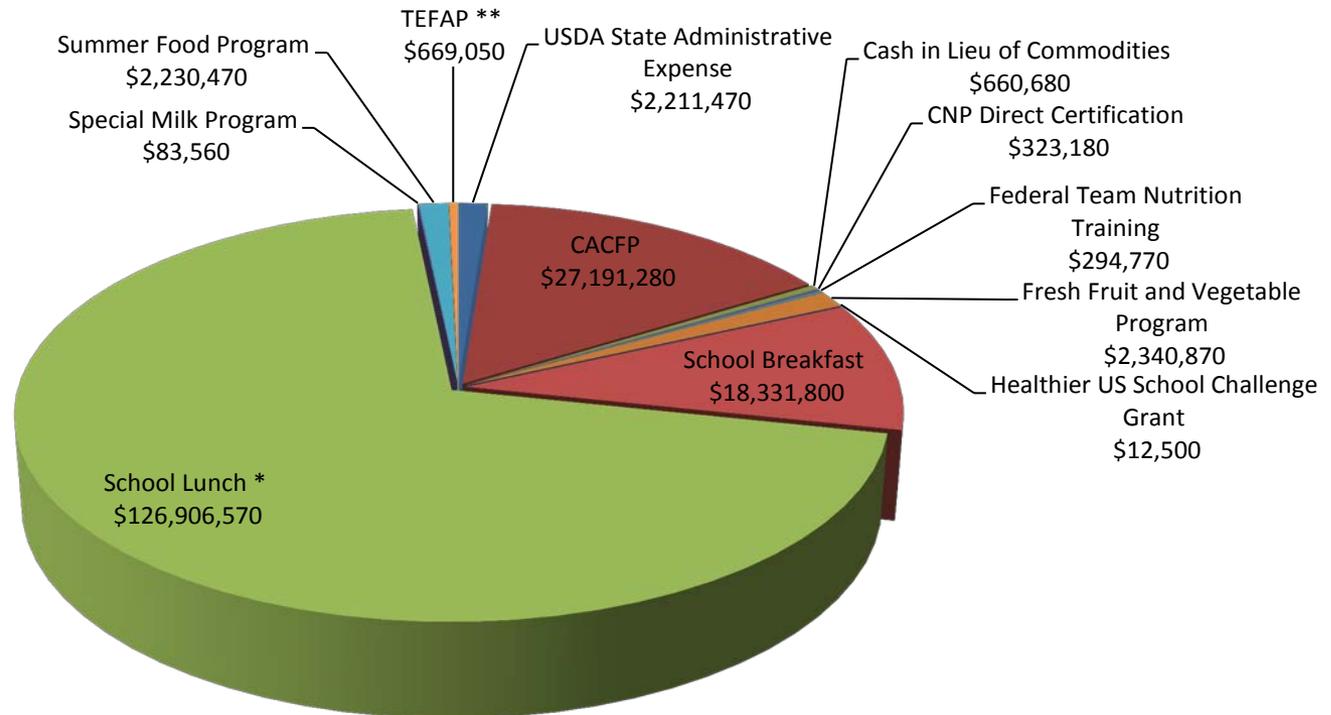
Federal and State Funding



Total Funding = \$181,206,300

State Fiscal Year 2013

Distribution of Funding to Each Program



USDA Ongoing Child Nutrition Grants	\$146,483,900
State Liquor Tax Funding *	\$34,686,500
State Appropriation Funding**	\$85,800
Child Nutrition Program Total	\$181,206,300

State Fiscal Year 2013



Conclusion

- Child Nutrition Programs provide the nourishment children need to learn, and teach children how to develop lifelong healthy eating habits.
- Programs help parents by providing a safe, low-cost or no cost meal or snack during the school day to their children.
- The programs assist families, especially in low income areas.
- Programs provide jobs in the local communities.
- Programs encourage local purchases.