Executive Summary
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Accommodate "Executive Function Skill" deficits for students with ADHD

- ➢ ADHD difficulties may be a result of *"Executive Function Skill"* deficit
  - Students with ADHD may struggle t pay attention.
  - They have difficulty getting started on assignments.
  - They struggle to complete homework.

- ➢ The *"Executive Function Skills"* Deficit can often appear like a choice or laziness.
  - Common error - Educators we may think that the student who cannot get started on their work or finish an assignment isn't trying hard enough.
  - Students with ADHD can't *hold information in their mind*.
  - Students with ADHD can't *sequence information or concentrate.*
  - Students with ADHD have *trouble getting started and measuring time*.
  - The part of the brain that reminds us of *deadlines is delayed*.

- ➢ Common areas impacted by the *"Executive Function Deficits"* and strategies to help address these issues:
  - **Working Memory**:
    An impaired working memory will impact a student's ability to *write essays, learn advanced math concepts, stay organized, and remember what they have read*.
    - **Strategies:**
      - Use a combination of mnemonic devices and pictures that help the student learn math concepts, such as multiplication
      - Graphic organizers that include key words for each part of a homework assignment
      - Using physical activity to prime and focus mental activity
  - **Time Management:**
    Scheduling backward helps ADHD students manage long-term assignments/projects.
    - **Strategies:**
      - Divide projects into smaller chunks with separate due dates and grades
      - Using a graphic organizer, have the student record each part of the project starting with the due date.
      - Section 504 Plan and/or IEP should reflect notifying parents of long-term Projects to help monitor the student's progress
  - **Activation:**
    Explain to the student that people with ADHD have trouble with activation or getting started
    - **Strategies:**
      - Move student to a different area of the room
        - Some students may need to walk around while they are reading.