



COSMETOLOGY

Basic Esthetics and Skin Care

This is a program that prepares individuals to cleanse, depilate, massage, and beautify the human body and to function as licensed estheticians and skin care specialists. Instruction includes history of esthetics; health and safety; customer relations and salon management; legal issues; human immune system; diseases and disorders of the skin; implements, tools, and equipment for basic esthetics; skin anatomy, physiology, and health; science of basic esthetics; principles of nutrition; decontamination and infection control; limited chemical exfoliation; chemistry for basic esthetics; face and neck massage; temporary hair removal including waxing and tweezing; application of makeup; basic facials; skin treatments, manual and mechanical; natural nail manicures and pedicures. The task list for this program is based on the state rules and regulations as a part of the state law. Completed instruction qualifies the student for licensing examinations in Utah.

BASIC ESTHETICS & SKIN CARE

Levels:	Grades 10-12
Units of Credit:	1.0
CIP Code:	120409
11 Digit Code:	40-03-00-00-005
11 Digit CE Code:	40-03-00-13-005
Test #:	9??
Industry Related	
Certification:	DOPL Esthetician and Esthetician Instructors Licenses
License:	CTE
Endorsement:	Esthetician
Prerequisite:	None

CORE STANDARDS, OBJECTIVES AND INDICATORS

STANDARD 120409-01 **Students will be able to describe the history of skin care, career opportunities, and the professional image.**

OBJECTIVES

- 120409-0101 Explain the history of skin care and the occupational opportunities.
- 120409-0102 Demonstrate the professional image that is expected in the industry.

STANDARD 120409-02 **Students will be able to understand general sciences as it affects the skin care industry.**

OBJECTIVES

- 120409-0201 Describe and demonstrate proper use of sanitation and disinfectants products and techniques.
- 120409-0202 Explain the importance of anatomy and physiology to the cosmetology profession.
- 120409-0203 Explain the importance of chemistry for estheticians.
- 120409-0204 Describe the most common cosmetic ingredients, their functions and explain FDA regulations regarding cosmetic claims and product safety.
- 120409-0205 Understand the basics of electricity and how it is used in the skin care industry.

STANDARD 120409-03 **Students will be able to understand the sciences used in the skin care industry.**

OBJECTIVES

- 120409-0301 Describe the physiology and histology of the skin.
- 120409-0302 Identify skin disorders and diseases.
- 120409-0303 Analyze different skin conditions.

- 120409-0304 List and describe the different products and ingredients used in skin care.
- 120409-0305 Understand, prepare and set up a treatment room for services.

**STANDARD
120409-04** **Students will be able to understand the principles of esthetic procedures.**

OBJECTIVES

- 120409-0401 Understand and demonstrate the different types, movements, and benefits of massage.
- 120409-0402 Describe and perform basics facials and treatments.
- 120409-0403 Understand and safely use the machines used in skin care treatments.
- 120409-0404 Understand and safely use hair removal equipment and treatments.
- 120409-0405 Recognize advanced esthetics topics including how AHAs work, aromatherapy, spa body treatments, and clinical skin care procedures.
- 120409-0406 Demonstrate an understanding of the world of makeup.

**STANDARD
120409-05** **Students will be able to understand the business of skin care.**

OBJECTIVES

- 120409-0501 Understand and demonstrate what it requires to operate a salon/spa business.
- 120409-0502 Explain selling products and services to clients.
- 120409-0503 Demonstrate an understanding of what it takes to prepare for a career in the skin care industry.

PROFESSIONAL DEVELOPMENT

**STANDARD
120409-06** **The student will understand the need for professional development.**

OBJECTIVES

- 120409-0601 Complete a personal inventory.
- 120409-0602 Set and meet goals.
- 120409-0603 Be self-motivated.
- 120409-0604 Know how to make decisions.
- 120409-0605 Know how to manage time.
- 120409-0606 Organize personal belongings and lab equipment.
- 120409-0607 Learn to communicate verbally.
- 120409-0608 Write effective communications.
- 120409-0609 Establish a personal reading program.
- 120409-0610 Develop effective work skills and attitudes.
- 120409-0611* Master a working knowledge of SkillsUSA.

- Learn the acronym SkillsUSA.
- State the SkillsUSA motto.
- State the SkillsUSA creed.
- Learn the SkillsUSA colors.
- Describe the official SkillsUSA dress.
- Describe the procedure for becoming a SkillsUSA officer.

**STANDARD
120409-07**

The student will understand the need for leadership skills.

OBJECTIVES

- 120409-0701 Serve on a committee.
- 120409-0702 Prepare an agenda.
- 120409-0703 Assist in planning a meeting.
- 120409-0704 Review basic parliamentary procedure.
- Make a main motion.
- 120409-0705 Participate in a school project.
- 120409-0706 Attend a community meeting.
- 120409-0707 Practice effective speaking.
- 120409-0708 Present a three- to five-minute talk.
- 120409-0709 Implement a leadership project.
- 120409-0710* Master a working knowledge of SkillsUSA.
- Describe the meaning of the SkillsUSA emblem.
 - State the SkillsUSA pledge.
 - Describe the duties of a SkillsUSA officer.

**STANDARD
120409-08**

The student will understand the need for career planning.

OBJECTIVES

- 120409-0801 Define your future occupation.
- 120409-0802 Survey employment opportunities.
- 120409-0803 Report on a trade journal article.
- 120409-0804 Explore opportunities for advanced training.
- 120409-0805 Conduct a worker interview.
- 120409-0806 Contact a professional association.
- 120409-0807 Explore entrepreneurship opportunities.
- 120409-0808 Give a talk about your career.
- 120409-0909 Review career goals.

**STANDARD
120409-09**

The student will understand the importance of employability and work habits.

OBJECTIVES

- 120409-0901 Develop a list of work standards to follow at school and on the job.
- 120409-0902 Evaluate your personal ethics.

- Evaluate your personal ethics against acceptable workplace ethics.

120409-0903	Build a job search network.
120409-0904	Find job leads.
120409-0905	Write a resume.
120409-0906	Create a job portfolio.
120409-0907	Complete a job application.
120409-0908	Write a business letter and memo.
120409-0909	Participate in an actual or simulated job interview.

* SkillsUSA PDP requirements - recommended