

Connecting High School to College and Career

Career and Technical Education (CTE) provides critical learning and hands-on skills through Pathways within eight areas of study. Students who focus on a Pathway acquire the skills necessary for entry into well-paid careers with high potential for rapid financial growth, increased levels of responsibility, and a high degree of personal satisfaction.

CTE Pathways:

- Will jump-start your future career.
- Will give you unlimited opportunities.
- Will help you plan for life after high school—before graduation.
- Will save you time and money.

What is a Pathway?

- A Pathway is a sequence of courses within your area of interest.
- A Pathway connects from high school to college for a specific degree and/or career. A Pathway will save you time and money toward a college degree.

CTE: Keeping it REAL

- Classroom instruction connects to the REAL world of work and future career opportunities.
- Statistics indicate that CTE graduates are worth higher wages because they are more productive than other workers.

Did you know?

Ninety percent of jobs require training beyond high school.

Top 5 reasons to participate in CTE Career Pathways:

1. To acquire technical skills training.
2. To participate in hands-on learning.
3. To jump-start your future career.
4. To earn college credit while in high school through concurrent enrollment classes.
5. To save time and money!

Ask yourself:

- What do I want to be doing in 5 years?
- What do I want to be doing in 10 years?

Ask yourself:

- What classes should I take to get ready for college?
- What does it cost to go to college?

Ask yourself:

- Why should I plan?
- Why should I study?
- Why should I graduate from high school?

Ask yourself:

- How can I make a lot of money?
- How do I find a career?
- How can Pathways help me?

Acquiring critical learning and hands-on skills through education and training will open doors of opportunity for obtaining employment within your area of interest. Stay in school and finish your education. Your future depends on it.

For more information log onto
www.utahcte.org.

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Salt Lake City, UT 84114-4200
Patti Harrington, Ed.D., State Superintendent of Public Instruction
Mary Shumway, State Director of Career and Technical Education



Family and Consumer Sciences
Education
Food Science, Dietetics, and Nutrition

High School to College and Career PATHWAYS



CAREER AND TECHNICAL EDUCATION
Giving Students the Edge





High School to College and Career Pathway: Secondary

Area of Study: Family & Consumer Sciences Education

Pathway: Food Science, Dietetics, & Nutrition

Middle School		State Requirements		High School Suggested Education Plan				College & Careers																											
7 th Grade	8 th Grade	Middle School	High School	9 th Grade Suggested	10 th Grade Suggested	11 th Grade Suggested	12 th Grade Suggested	Beyond High School																											
Language Arts 7 1.00	Language Arts 8 1.00	2.00	3.00	Language Arts 9 1.00	Language Arts 10 1.00	Language Arts 11 1.00	(1 additional credit—class of 2011)	<p>There are a number of options for education and training beyond high school, depending on your career goals.</p> <ul style="list-style-type: none"> > Certificate > Associate degree > Bachelor's degree > Professional degree > On-the-job training > Apprenticeship > Military training <p>Sample Occupations</p> <ul style="list-style-type: none"> > Dietetic Technician > Dietitian > Family and Consumer Sciences Education Teacher > Food/Drug Inspector > Food Scientists > Food Technologist > Medical Dietician > Nutritionist <p>For more information on salary projections, labor market demand, and training options, visit www.careers.utah.gov.</p>																											
Pre-Algebra 1.00	Elem. Algebra or Applied Math 1.00	2.00	2.00	Geometry or Applied Math II 1.00	Intermediate Algebra 1.00	(1 additional credit—class of 2011)																													
Science .50	Science 1.00	1.50	2.00	Earth Systems 1.00	Food Science 1.00	(1 additional credit—class of 2011)																													
Utah Studies .50	U.S. History I 1.00	1.50	2.50	Geography for Life .50	World Civilizations .50	U.S. History II 1.00	U.S. Government and Citizenship .50																												
P.E. 1.00	Health .50	1.50	2.00	Participation Skills and Techniques .50	Fitness for Life .50 / Health Education .50 Lifetime Activities or Sport .50																														
The Arts .50	The Arts .50	1.00	1.50	Fine Arts Courses 1.50																															
			.50			Financial Literacy .50																													
Keyboarding .50			.50	Computer Technology .50																															
CTE Intro 1.00		1.00	1.0	<p>Career and Technical Education Recommended Pathway Courses</p> <p>(Students may select individual courses for exploration, or a complete Pathway for an in-depth focus.)</p> <p>CLASS AVAILABILITY MAY VARY AT YOUR HIGH SCHOOL</p> <table border="1"> <thead> <tr> <th>Course #</th> <th>Foundation Courses: (required)</th> <th>Credit</th> </tr> </thead> <tbody> <tr> <td>20.0108</td> <td>Food & Nutrition I</td> <td>.50</td> </tr> <tr> <td>20.0118</td> <td>Food & Nutrition II</td> <td>.50</td> </tr> <tr> <td colspan="3">Elective Courses:</td> </tr> <tr> <td>20.0102</td> <td>Child Development *</td> <td>.50</td> </tr> <tr> <td>20.0128</td> <td>Food Science</td> <td>.50</td> </tr> <tr> <td>20.0138</td> <td>Foundations of Nutrition *</td> <td>.50</td> </tr> <tr> <td>20.0112</td> <td>Human Development</td> <td>1.00</td> </tr> <tr> <td>32.0199</td> <td>Student Internship (Critical Workplace Skills)</td> <td>.50</td> </tr> </tbody> </table> <p>* Course can be taken up to 1.00 credit.</p> <p>3.00 credits for completion</p>			Course #		Foundation Courses: (required)	Credit	20.0108	Food & Nutrition I	.50	20.0118	Food & Nutrition II	.50	Elective Courses:			20.0102	Child Development *	.50	20.0128	Food Science	.50	20.0138	Foundations of Nutrition *	.50	20.0112	Human Development	1.00	32.0199	Student Internship (Critical Workplace Skills)	.50	
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<p>Workforce Trends Dietitians and nutritionists held about 50,000 jobs in 2004. Employment of dietitians is expected to increase 18 to 26% for all occupations through 2014 as a result of increasing emphasis on disease prevention through improved dietary habits.</p> <p>Get the Facts Researchers don't know why, but people living in mountain states eat 30% more cookies than other people.</p>		<p>Core Curriculum and elective requirements may vary district to district. Check with your school counselor.</p> <p>Concurrent enrollment course offerings vary by school and district.</p>		<p>Many Utah post-secondary programs accept high school courses toward a two- or four-year degree through concurrent enrollment. Check regional post-secondary Pathways for details.</p>																															

Note: For more information, talk to your school counselor.