

Nontraditional Careers in FACS

Men:

- > Child Care Worker
- > Child, Family, and School Social Worker
- > Elementary School Teacher
- > Kindergarten Teacher

For a complete list of nontraditional careers for men and women in FACS, refer to the career charts in the 2010 *Utah Student Guide to Career Planning*.

“I’ve always really been interested in cooking, and as soon as I found out that there was a Pro-start program here at [my high school] I jumped on it. I’ve been taking it for two years and it’s been great. It’s been a lot of help and given me a lot of good experience.”

Henry Polacek, Culinary Arts student

“When it comes to being a pastry chef I really don’t see an issue of male and female. I think we’re all equal in this situation. Anyone can be what they want to be. I really don’t think gender is an issue.”

Adriana Rodriguez, Culinary Arts student

“The Family and Consumer Sciences classes taught me important life skills and things I would need to know to be a parent and a responsible adult.”

Brianna Schow, FACS student

Break free of the traditions and barriers that limit your choices.
What’s stopping you? Be different! Try something new!
Is a nontraditional career in your future?

Women:

- > Chef and Head Cook

Family and Consumer Sciences

PREPARING STUDENTS FOR FAMILY LIFE, WORK LIFE, AND CAREERS



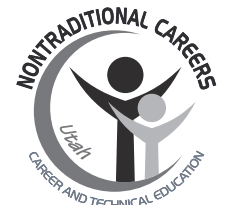
Talk to your school counselor
about a nontraditional career in FACS.

Break free of the barriers that limit your career choices.

www.UtahCTE.org



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FAMILY AND CONSUMER SCIENCES EDUCATION

Nontraditional Careers

Did you know a nontraditional career is any occupation in which women or men comprise 25 percent or less of its total employment?

Nontraditional jobs are attractive because they generally offer higher entry-level wages.

Choosing a nontraditional career path can mean:

- > Greater job satisfaction.
- > Higher wages and better benefits.
- > Great advancement opportunities.
- > Economic self-sufficiency.
- > Broader job opportunities.
- > Freedom to pursue a career related to your interests and abilities.

BREAK with tradition and explore a nontraditional career!

A Career in Family and Consumer Sciences

Family and Consumer Sciences (FACS) empowers individuals and families throughout their lives to manage the challenges of living and working in a diverse, global society. The challenges individuals face throughout their lives include balancing personal, home, family and work lives; acquiring marketable skills to be successful in life management, employment, and career development; promoting optimal nutrition and wellness; and managing resources to meet the material needs of individuals and families.

FACS can give individuals the practical knowledge and critical and creative thinking skills to address problems in diverse family, community, and work environments. From child care to culinary arts to interior design and food science and nutrition, there are many career opportunities in FACS.

CTE Pathways

High school is a great time to try out a wide range of Career Pathways by enrolling in Career and Technical Education (CTE) courses. As an added bonus, you will be developing work-related skills that can be put to immediate and profitable use.

CTE provides courses and Pathways consistent with industry training and certification, thus providing depth and meaning for both visual and hands-on learning and education that can be applied in today's job market.

Through participation in CTE, Family and Consumer Sciences Education can guide you as you take courses in the your chosen Pathway.

By taking FACS courses, you will obtain the knowledge and skills that will prepare you for independent living and the workforce, increasing personal and community well-being. You will also gain an important foundation of knowledge and skills necessary for continuing your education in FACS.

Employment and Outlook

The discipline of Family and Consumer Sciences, formerly Home Economics, was created in 1889 by Ellen H. Richards, first woman graduate of M.I.T. and founder of the American Association of Family and Consumer Sciences (AAFCS).

There is a broad range of employment opportunities for nontraditional careers in the area of Family and Consumer Sciences, from men employed as child care workers, social workers, or teachers to women employed as executive chefs or head cooks.

Training and education beyond high school are important for success in a career in Family and Consumer Sciences. Whether you choose a one-year certificate, a two-year associate or technical degree, a four-year bachelor's degree, or an advanced degree will depend on your career path.

The choice is yours!



There are many employment opportunities for men and women in Family and Consumer Sciences.

UtahFutures

Log on to UtahFutures.org to learn more about a career in FACS. From the home page, click on the "occupations" option to find an occupation that interests you and link to the description for that occupation. Check out employment opportunities, working conditions, outlook, skills and abilities, and wages for your selected occupation.

Is a nontraditional career in your future?

