



SENSORY Recipes



You Will LOVE



KOOL-AIDE PLAYDOUGH

(Great colors & smells)

2 1/2 to 3 cups flour

1 Tlb. Alum

1/2 cup salt

3 Tlb. vegetable oil

2 cups boiling water

1 pkg. Unsweetened Kool-Aide (add to water)

Combine flour, Alum, and salt. Add oil and boiling water. Stir or knead to mix. Add Kool-aide to liquids for color and scent. (More food coloring may be added if needed.)

Almost Real PLAY DOUGH

1 cup Flour

1 cup Water

1 Tlb. Oil

1 Tlb. Powdered Alum

1/2 cup Salt

1 tsp. Vanilla

Food Coloring

Mix all dry ingredients. Add oil and water. Cook over medium heat, stirring constantly until reaching the consistency of mashed potatoes. Remove from heat and add vanilla and food coloring. Divide into balls and work in color by kneading.

BEST BUBBLE SOLUTION

1 cup water

2 Tlb. light Karo syrup OR 2 Tlb. Glycerin

4 Tlb. dishwashing liquid

Mix together and use bubble blowers (old or fancy new ones).



CRAFT CLAY

1 cup cornstarch

2 cups baking soda (1- pound box)

1 1/4 cups water

Combine cornstarch and baking soda in pan. Add water gradually. Stirring until smooth. Place mix over medium heat and cook until thick and dough like consistency, stirring constantly. Turn mix out on a pastry board and knead well. Cover with a damp cloth or keep in plastic bag. This is good for plaques or other models that will be painted when dry.

“GUM” for STAMPS & PAPER LABELS

1 (1/4 3 oz.) Packet Unflavored Gelatin

1 Tlb. cold Water

3 Tlb. boiling Water

1/2 tsp white Peppermint Extract

2 drops Boric Acid Solution

Sprinkle the gelatin into the cold water to soften.

Pour into boiling water, stirring until dissolved.

Add the remaining ingredients and mix well.

To use glue – brush thinly onto the back of a stamp or some paper and let dry. When applying to paper, just moisten it a bit. To keep, store in a small jar or bottle with a lid. Warm in a pan to turn into a liquid again.

NUTTY BUTTER PLAYDOUGH

1 cup peanut butter

1 cup honey

1 cup powdered milk

1 cup oatmeal

Mix together – create – and eat!

FLUBBER

Solution A

1 1/2 cup warm water

2 cups Elmer Glue

food coloring

Solution B

4 tsp. Borax

1 1/3 cup warm water

Mix Solution A in one bowl and Solution B in another bowl (glass bowls work well so child can see reaction). Dissolve both well. Then just pour Solution A into Solution B – DO NOT MIX OR



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STIR! Just lift out FLUBBER. This is neater than “Gak” or “Slime”. Store in zip lock bags.

SILLY PUTTY

1/2 cup Elmer’s glue (Regular –not the “school” type)

1/2 cup Starch

food coloring

Do NOT substitute any other glue for Elmer’s glue.

Slowly add starch to glue and knead with fingers.

Add food coloring (optional).

The more you work with it – the better it jells.

GOOP - OBLICK

Mix equal amounts of cornstarch and water.

Scrunch to make it hard – let it sit to see it ooze!

GOOP

1 part liquid Starch

2 parts Elmer’s Glue

Food Coloring (optional)

Mix together and enjoy! This is like “Slime”

Easy Home-Made FINGERPAINTS

4 cups cold water

6 teaspoons cornstarch

Mix a small amount of cold water with cornstarch until smooth. Gradually add the remainder of the water. Cook the mixture over low heat until it is the consistency of pudding. Add small amount of food coloring for color.

RUBBERY PLAYDOUGH

2 cups baking soda

1 1/2 cups water

1 cup cornstarch

Mix with a fork until smooth. Boil over medium heat until thick. Spoon dough onto plate or wax paper.

GOUACHE PAINT

Opaque paint that dries quickly and can be painted on in layers

2 cups dextrin (hobby/craft stores have it)

1 Tib. DISTILLED water (not regular)

1/2 cup honey

2 tsp glycerine

1/2 tsp boric acid solution

Powdered or Poster paints

Dissolve the dextrin in the water (will be foamy).

Then add the honey, glycerine and boric acid. Stir well, or shake in covered container.

Mix this base with powered paint or poster paint and store tightly covered. Thin with water if it gets too thick.

***Recipes taken from “Kid’s HomeMade Recipes”
compiled by Stephanie Brown at
ssb0838@exchange.uta.edu