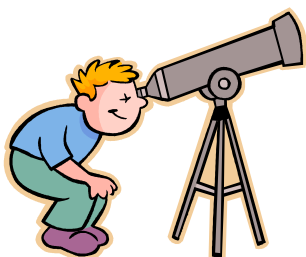


Activities for Children

June 16, 2004

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Activities for Children

Origami

You Need:

Construction paper

Scissors

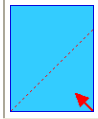
Markers or crayons

A pipe cleaner or curling ribbon for antennae

Buttons

Yarn

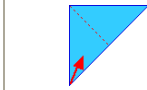
Instructions:



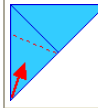
Start by making a square piece of paper. To start making a square, fold the corner of a piece of paper over.



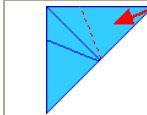
To finish making the square, cut off the small rectangle, forming a square (which is already folded into a triangle).



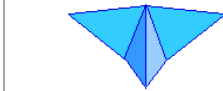
Fold the triangle in half.



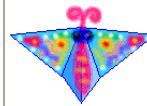
Open up the fold you just made. Put the triangle on the table with the central fold pointing up (like a tent). Fold one corner over.



Open it up again. Fold the other corner over.



Open it up. You now have a butterfly shape.



Decorate the butterfly using buttons for eyes and spots. Attach two antennae made of pipe cleaners or curling ribbon (curled by pulling along a scissors).

Adapted from: www.enchantedlearning.com

Glow Germ

You Need:

Glow Germ liquid (check with your County Extension office)

Black light

Instructions:

Have the children wash their hands in the glow germ liquid. Then have them look at their hands under the black light. Get their reactions to what they see on their hands. Ask them what they can learn from the experience about washing their hands. What do they think about all the germs that were left behind? Emphasize how important it is to wash our hands when handling food.

When we sneeze on our hand or lick our fingers should we wash our hands? Apply the activity to other situations. Have the children promise to wash their hands better in the future when they cook, sneeze, etc.

Cookie Paleontologists

You Need:

Chocolate chip cookies

Toothpicks

New paint brushes

Magnifying glass

Instructions:

Explain to the children that it is difficult to be a paleontologist or archeologist. Give each child a cookie and a toothpick. Have them get as many whole chocolate chips out of the cookie as they can without breaking the cookie. They will see that it takes a lot of patience to scrape away the cookie part and leave the chips just as it takes a scientist much practice to scrape away rock and dirt to reveal artifacts. They can use the toothpicks to scrape away the cookie part, the brushes to wipe away the crumbs, and the magnifying glass to study the cookie.

Adapted from: www.theideabox.com

Berenstain Bears Trouble With Money

You Need:

Berenstain Bears Trouble with Money by Stan and Jan Berenstain

Instructions:

Have the children sit around in a circle while you read the *Berenstain Bears Trouble with Money* book. The children will hear about the cubs' spend thrift ways and how Mama and Papa Bear teach them to earn and save. Ask them questions about how the bears saved, spent, and shared their money. Ask them what we can learn from the story.

Berenstain Bears Trouble with Money by Stan and Jan Berenstain

Publisher: Random House Books for Young Readers; ISBN: 0394859170

Berenstain Bears Visit the Dentist

You Need:

Berenstain Bears Visit the Dentist by Stan and Jan Berenstain

Instructions:

Read the book to the children and discuss the excitement and fear of going to the dentist. Keep the conversation positive so that it doesn't scare any children.

Berenstain Bears Visit the Dentist by Stan and Jan Berenstain

Publisher: Random House Books for Young Readers; ISBN: 0394848365

Learn About Strangers

You Need:

The Berenstain Bears Learn About Strangers by Stan and Jan Berenstain

Instructions:

Read the book to the children and discuss how they would handle a situation similar to the bear cubs.

The Berenstain Bears Learn About Strangers by Stan and Jan Berenstain

Publisher: Random House Books for Young Readers; ISBN: 0394873343

Castanets

You Need:

Cardboard

Glue

Large buttons

Instructions:

Use a sturdy piece of cardboard about one inch wide five inches long. Fold cardboard in half, glue large button on inside of cardboard ends. Click together to make the sound!

Good and Bad Snacks

You Need:

Oreo cookies

Hand mirror

Fruit – apples, oranges, etc.

Instructions:

Give each child a couple of Oreo cookies to eat. Once they have eaten the cookies, pass around the mirror and have them look at their teeth. Discuss how plaque builds up on our teeth. Next give the children some fruit and have them look at their teeth again. Explain that some foods are good for our teeth and others are bad. That is why it is so important to brush our teeth.