Children form healthy eating habits in their early childhood years. The lessons they learn in childhood may last a **lifetime.**

GOOD *Eating Habits*

do not just happen—they must be learned.

Presenting children with a variety of nutritious foods can help them learn to make nutritionally sound food choices.

CHILD CARE CENTERS can support positive eating habits by introducing children to new foods, encouraging favorable attitudes toward food, and encouraging children to eat a variety of foods.

FOR MORE *Information* CONTACT:

CHILD NUTRITION PROGRAMS
Utah State Office of Education
250 East 500 South
P.O. Box 144200
Salt Lake City, UT 84114–4200

Phone: 801-538-7680

Patti Harrington, Ed.D.
State Superintendent of Public Instruction

UTAH STATE OFFICE OF EDUCATION

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USDA Director
Office of Civil Rights
Room 326-W, Whitten Building
1400 Independence Avenue, S.W.
Washington, D.C. 20250-9410

Or call (800) 795-3272 (Voice) or (202) 720-6382 (TTY).

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The Child and Adult Care Food Program

CHILD CARE CENTERS

The Child and Adult Food Program (CACFP) is a federally funded program designed to provide nutritious meals to children.

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Eligibility

To qualify for the CACFP, child care centers must be state-licensed.

In addition:

- All organizations must be registered with the Department of Commerce
- Nonprofit organizations must have a 501(c)(3) approved under the IRS code of 1986 and have a community-based board of directors.
- For-profit centers must either have 25 percent or more of the children eligible for free or reduced-priced meals, or 25 percent or more of the children receiving Title XX funding.

Training

The Utah State Office of Education, Child Nutrition Programs provides training for child care center directors and staff who are interested in starting the program.

MEALS & Reimbursement

Child care centers receive reimbursement for meals served to enrolled children ages 12 and under.

Eligible centers may be reimbursed for up to two meals and one snack, or two snacks and one meal, for each enrolled child per day.

Reimbursement rates are based on a household's economic level and are adjusted yearly.

July 2007–June 2008

Reimbursement Rates

Meal	Free	Reduced	Paid
Breakfast	**$1.35**	**1.05**	**.24**
Snack	**$ .68**	**.34**	**.06**
Lunch/Supper	**$2.47**	**2.07**	**.23**