# Merit Academy



Recipe

Feb 10, 2011

**Recipe: 000675 Orange Saue**
Recipe Source: local
Recipe Group: SAUCE

**Recipe HACCP Process: #2 Same Day Service**

Alternate Recipe Name:
Number of Portions: 64
Size of Portion: 2 oz

| | |
|---|---|
| 902103 Sesame Seed Oil..... | 14 GRAM |
| 011215 GARLIC,RAW..... | 1 TBSP |
| 009207 ORANGE JUC,CND,UNSWTND.... | 6 CUP |
| 990003 SOY SAUCE..... | 1/2 CUP |
| 002053 VINEGAR,DISTILLED..... | 1/3 CUP |
| 019350 SYRUPS,CORN,LT..... | 1/2 CUP |
| 901929 SUGARS,BROWN,LIGHT..... | 1 CUP, packed |
| 901271 HOT SAUCE..... | 1 TBSP |
| 107920 CORNSTARCH..... | 1/2 CUP |
| 075010 WATER,COLD..... | 1 CUP |
| 107944 PEPPER, CAYENNE,GROUND.... | 1 TSP |

*Nutrients are based upon 1 Portion Size (2 oz)

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Calories | 40 | kcal | Cholesterol | 0.00 | mg | Protein | 0.29 | g | Calcium | 6.33 | mg | 5.95% | Calories from Total Fat |
| Total Fat | 0.26 | g | Sodium | 137.92 | mg | Vitamin A | 8.64 | RE | Iron | 0.10 | mg | 0.81% | Calories from Saturated Fat |
| Saturated Fat | 0.04 | g | Carbohydrates | 9.35 | g | Vitamin A | 63.07 | IU | Water[1] | *27.73* | g | *N/A*% | Calories from Trans Fat |
| Trans Fat[1] | *0.00* | g | Dietary Fiber | 0.07 | g | Vitamin C | 7.17 | mg | Ash[1] | *0.47* | g | 94.45% | Calories from Carbohydrates |
| | | | | | | | | | | | | 2.91% | Calories from Protein |

*N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
[1] - denotes optional nutrient values

***NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.***