Merit Academy

Recipe: 000660 Apple BerryCobbler
Recipe Source: local
Recipe Group: DESSERTS

Recipe HACCP Process: #2 Same Day Service

Alternate Recipe Name:
Number of Portions: 70
Size of Portion: 4 0unces

900009 Reagan Apple Slices	208 OZ
115876 JUICE, PEACH NECTAR, 4 OZ, AP	24 FL OZ
009050 BLUEBERRIES,RAW	3 CUP
019335 SUGARS,GRANULATED	2 CUP
002010 CINNAMON,GROUND	4 TBSP
110500 NUTMEG, GROUND	2 TSP
110491 CLOVES, GROUND	1 TSP
902090 Cake Mix, Pillsbury Classic White	54 3/4 OZ
050455 OATS, ROLLED, UNENRICHED, QUICK, COOKED, NO S...	3 CUP
001001 BUTTER,WITH SALT	3 stick

*Nutrients are based upon 1 Portion Size (4 0unces)

Calories	185	kcal	Cholesterol	10.41	mg	Protein	0.91	g	Calcium	17.68	mg	28.51%	Calories fromTotal Fat
Total Fat	5.86	g	Sodium	181.80	mg	Vitamin A	42.72	RE	Iron	1.49	mg	15.96%	Calories fromSaturated Fat
Saturated Fat	3.28	g	Carbohydrates	33.71	g	Vitamin A	153.02	IU	Water[1]	*6.16*	g	*N/A*%	Calories fromTrans Fat
Trans Fat[1]	*0.00*	g	Dietary Fiber	1.30	g	Vitamin C	2.00	mg	Ash[1]	*0.13*	g	72.87%	Calories fromCarbohydrates
												1.97%	Calories fromProtein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
** - denotes combined nutrient totals with either missing or incomplete nutrient data
1 - denotes optional nutrient values

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.