

Site Name:		Date:		<b>ADULT MENU AND PRODUCTION RECORD</b>						
Prepared by:				<b>PLANNED RECORD</b>			Purchase Unit:	<b>ACTUAL RECORD</b>		
<b>MENU</b>	<b>MEAL PATTERN</b>	<b>SERVING SIZE</b>	Planned Number of Adults					Total	Actual Number of Adults Served	
			Adult Participants	All Others	Planned	Adult Participants	All Others	TOTAL		
							Purchase Unit:			
							Can Size, Gal, Doz			
							Pound			
							Each, etc.			
<b>BREAKFAST</b>	<b>Offer ALL 3 Categories</b>	<b>ADULTS</b>	<b>Planned Quantities</b>					<b>Actual Quantities Food Prepared - Total</b>		
	<b>1. Milk</b>	<b>1 cup</b>								
	<b>2. Vegetable or Fruit or 100% Juice</b>	<b>1/2 cup</b>								
	<b>3. Grains/Breads</b>	<b>2 servings</b>								
	Cold dry cereal	1 1/2 cups or 2 oz								
	Cooked cereal, pasta, or rice	1 cup								
Other										
<b>AM / PM SNACK</b> (circle one)	<b>Serve 2 of the 4 Categories Listed</b>	<b>SERVING SIZE</b>	Planned Number of Adults		Total	Purchase Unit:	Actual Number of Adults Served			
			Adult Participants	All Others	Planned		Adult Participants	All Others	TOTAL	
		<b>ADULTS</b>	<b>Planned Quantities</b>					<b>Actual Quantities Food Prepared - Total</b>		
	<b>1. Milk</b>	<b>1 cup</b>								
	<b>2. Meat/Alternate or Cheese</b>	<b>1 oz</b>								
	<b>3. Vegetable or Fruit or 100% Juice</b>	<b>1/2 cup</b>								
	<b>4. Grains and Breads</b>	<b>1 serving</b>								
Cold dry cereal	3/4 cup or 1 oz									
Cooked cereal, pasta, or rice	1/2 cup									
Other										

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			Adult Participants	All Others	Planned	Adult Participants	All Others	TOTAL		
							Pound			
							Each, etc.			
<b>LUNCH</b>	<b>Offer ALL 4 Categories (6 items)</b>	<b>ADULTS</b>	<b>Planned Quantities</b>			<b>Actual Quantities Food Prepared - Total</b>				
	<b>1. Milk</b>	<b>1 cup</b>								
	<b>2. Meat/Alternate or Cheese</b>	<b>2 oz</b>								
	Cottage Cheese	1/2 cup								
	Egg (Large)	1 egg								
	Peanut Butter	4 Tbs.								
	Yogurt	1 cup								
	Cooked Dry Beans	1/2 cup								
	<b>3. Vegetable/Fruit</b>									
	<b>Combine any 2 for a total of:</b>	<b>1 cup total</b>								
	<b>4. Grains/Breads</b>	<b>2 servings/slices</b>								
Cooked cereal, pasta, or rice	1 cup									
Other										

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<b>MENU</b>	<b>MEAL PATTERN</b>	<b>SERVING SIZE</b>	Planned Number of Adults					Total	Can Size, Gal, Doz Pound Each, etc.	Actual Number of Adults Served
			Adult Participants	All Others	Planned	Adult Participants	All Others	TOTAL		
<b>DINNER</b>	<b>Offer ALL 3 Categories (5 items)</b>	<b>ADULTS</b>	Planned Quantities				Actual Quantities Food Prepared - Total			
	<b>1. Milk</b>	<b>Optional, Not Required</b>								
	<b>2. Meat/Alternate or Cheese</b>	<b>2 oz</b>								
	Cottage Cheese	1/2 cup								
	Egg (Large)	1 egg								
	Peanut Butter	4 Tbs.								
	Yogurt	1 cup								
	Cooked Dry Beans	1/2 cup								
	<b>3. Vegetable/Fruit</b>									
	<b>Combine any 2 for a total of:</b>	<b>1 cup total</b>								
	<b>4. Grains/Breads</b>	<b>2 servings/slices</b>								
Cooked cereal, pasta, or rice	1 cup									
Other										

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<b>MENU</b>	<b>MEAL PATTERN</b>	<b>SERVING SIZE</b>					Planned Number of Adults		Total Planned
			Adult Participants	All Others		Adult Participants	All Others	TOTAL	
<b>EVENING SNACK</b>	Serve 2 of the 4 Categories Listed:	ADULTS	Planned Quantities				Actual Quantities Food Prepared - Total		
	1. Milk	1 cup							
	2. Meat/Alternate or Cheese	1 oz							
	3. Vegetable or Fruit or 100% Juice	1/2 cup							
	4. Grains and Breads	1 serving							
	Cold dry cereal	3/4 cup or 1 oz							
	Cooked cereal, pasta, or rice	1/2 cup							
	Other								