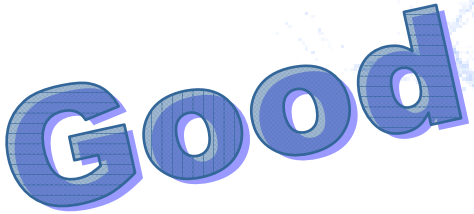
Children form healthy eating habits in their early childhood years. The lessons they learn in childhood may last a lifetime.



Eating Habits do not just happen – they must be learned.

Presenting children with a variety of nutritious foods can help them learn to make nutritionally sound food choices.

All child care providers can support positive eating habits by introducing children to new foods, encouraging favorable attitudes toward food and encouraging children to eat a variety of foods.

Training Requirements

Providers must attend food program training every year. Your sponsor will help you decide which training you will need in order to be on the program, and help you keep your training current.

2011–2012

FAMILY DAY CARE HOMES PROGRAM

CHILD NUTRITION PROGRAMS
Utah State Office of Education
250 East 500 South
P.O.Box 144200
Salt Lake City Utah 84114-4200

Phone: (801) 538-7681

Family Day Care Sponsors in Utah

Alliance for Children
Paula Barton
5667 S. Redwood Rd. # 5A
Salt Lake City UT 84123
Phone: (801) 313-1090
Toll-Free: (800) 773-4731
E-mail: afcbart@mindspring.com

Helping Hands
Susan Ison
2964 West 4700 South #111
West Valley City UT 84118-2557
Phone: (801) 955-6234
E-mail: helpinghands@qwest.net

C & W Incorporated
Joni Greenwell
8364 S. Top of the World Drive
Salt Lake City, UT 84121-6058
Phone: (801) 733-9446
Toll-Free: (877) 733-9446
Davis County Phone: (801) 499-2421
E-mail: jonigreenwell@comcast.net

Hill Airforce Base Child Nutrition Program
Catherine Emang
75 FSS/FSFF
5713 "E" Avenue. Bldg, 460
Hill AFB, UT 84056
Phone: (801) 777-0695
E-mail: Catherine.emang @hill.af.mil

Child Day Care Nutrition Program
Jeani Peck
6830 Old Main Hill USU
Logan UT 84322-6830
Phone: (435) 797-2169
Toll-Free: (800) 540-2169
E-mail: Jeanie.peck@usu.edu

INCA—Infants Nutrition and Care Associates
Debra Holbrook
333 2nd Street, #15
Ogden, UT 84404-7406
Phone: (801) 393-0222
Toll-Free: (800)748-5155
E-mail: debra.holbrook@y-wire.com

Child Management Associates
Elaine Jensen
8831 S Redwood Rd Suite D1
West Jordan UT 84088
Phone: (801) 566-1007
Toll-Free: (800) 223-3317
E-mail: infocma@questoffice.net

Orem Child Care Nutrition Program Inc.
Dio Owczarzak
563 West 1700 North
Orem, UT 84057-2523
Phone: (801) 224-2143
Toll-Free: (800) 369-8936
E-mail: dio.occn@comcast.net

Larry K. Shumway, Ed.D., State Superintendent of Public Instruction

UTAH STATE OFFICE OF EDUCATION

The Child and Adult Care Food Program

Family Day Care Homes (FDCH)

A federally funded program designed to offer aid to help day care homes provide nutritious meals to children ages 12 and under.

ELIGIBILITY

To qualify for the FDCH program, family day care homes must be state licensed, residential certified or qualify for relative care.

Meals and REIMBURSEMENT

Family Day Care Home providers can be reimbursed for a maximum of two meals and one snack or two snacks and one meal for each child each day. The provider submits a monthly claim to its sponsor for the meals it has served, and receives a check for the meals from its sponsor.

2011–2012 RATES

Meal	Tier I	Tier II
Breakfast	$1.24	$0.45
Lunch/Supper	$2.32	$1.40
Snack	$0.69	$0.19

THERE ARE TWO LEVELS OF REIMBURSEMENT:

Tier I Is the higher level of reimbursement and is assigned when the provider is located in a low-income area or is a low-income household. Tier I reimbursement is also received for children who are from low-income households. Your sponsor will determine which rate your home will receive.

Tier II Reimbursement is received for all other households.

For More INFORMATION

Contact any of the sponsoring organizations on the other side of this hand out for more information. A Family Day Care Home provider can choose any of the sponsors, but once the provider signs an agreement with a sponsor, it cannot transfer to a different sponsor before the annual renewal date of the agreement and must complete a request for transfer.

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