

Children form healthy eating habits in their early childhood years. The lessons they learn in childhood may last a **lifetime**.



## GOOD

### EATING HABITS

do not just happen—they must be learned.

Presenting children with a variety of nutritious foods can help them learn to make nutritionally sound food choices.

**CHILD CARE CENTERS** can support positive eating habits by introducing children to new foods, encouraging favorable attitudes toward food, and encouraging children to eat a variety of foods.

## FOR MORE *Information*

### CONTACT:

#### Child Nutrition Programs

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## The Child and Adult Care Food Program

CHILD CARE

# Center



**THE CHILD AND ADULT CARE FOOD PROGRAM (CACFP)** is a federally funded program designed to provide nutritious meals to children.

## Meals & Reimbursement



**Child care centers** receive reimbursement for meals served to enrolled children ages 12 and under.

**Eligible centers** may be reimbursed for up to two meals and one snack, or two snacks and one meal, for each enrolled child per day.

**Reimbursement rates** are based on a household's economic level and are adjusted yearly.

## July 2011-June 2012 Reimbursement Rates

Meal	Free	Reduced	Paid
Breakfast	\$1.51	\$1.21	\$.27
Snack	\$.76	\$.38	\$.07
Lunch/Supper	\$2.77	\$2.37	\$.26

## Training

The Utah State Office of Education, Child Nutrition Programs provides training for child care center directors and staff who are interested in starting the program.



## Eligibility

**To qualify** for the CACFP, child care centers must be state-licensed.

### In addition:

- All organizations must be registered with the Department of Commerce.
- Nonprofit organizations must have a 501(c)(3) approved under the IRS code of 1986, and have a community-based board of directors.
- For-profit centers must either have 25 percent or more of the children eligible for free or reduced-priced meals, or 25 percent or more of the children receiving Title XX funding.