Application for the Utah State Office of Education
Health Education Endorsement

Applicant Information

Name_____ Date Application Submitted _____

Cactus ID (preferred) _____ or SS_____

District_____ School _____

Major _____ Minor _____

Home Address _____

Home Phone _____Work Phone _____

Email _____

MARK APPLICABLE BOX:

☐ Endorsement only

☐ State Approved Endorsement Plan (SAEP)

*Applicant must have a current license, be currently teaching in the endorsement area and have three required courses toward endorsement.

Questions about endorsement:	**Send application, original transcripts, and $25.00 fee for Endorsement or $35.00 fee for SAEP to:**
Linda Mayne Health and Physical Education Specialist Utah State Office of Education Phone: 801-538-7734 Email: linda.mayne@schools.utah.gov	Utah State Office of Education Teaching and Learning - Endorsements 250 East 500 South P.O. Box 144200 Salt Lake City, UT 84114-4200

Two methods to earn the Secondary Health Education Endorsement

1. Completion of University and/or Professional Development courses approved by USOE
2. Demonstrated Competency

University and Professional Development Courses Approved by USOE

1. Current Utah teaching license
2. Completion of the six required courses (1) Personal Health/Wellness (2) Methods of Teaching Health (3) Human Sexuality/Sex Education (4) Nutrition (5) Substance Abuse Prevention (6) Mental Health, Stress Management or Coping Skills
3. Current First Aid and CPR Certification
   Submit copies of both sides of certification cards with application
4. *Methods of Teaching Health* should be taken within five years of the application. All other coursework must be within ten years
5. If you wish to substitute an "other" course, you must provide a course description
6. Provide course number for each required course

Demonstrated Competency

1. Current Utah teaching license
2. Score of 670 or more on Health Education Content PRAXIS exam 0550
   Information on all Praxis tests can be found on the website: www.ets.org/praxis. To register for a test, go to the website and click on the link: *Register for a Test*. To find information on the content of a particular test, click on the link: *Prepare for a Test*.
3. Completion of the following course work (1) Methods of Teaching Health Education (2) Human Sexuality/Sex Education (3) Nutrition
4. Current First Aid and CPR Certification
   Submit copies of both sides of certification cards with application

Requirements Checklist

The courses listed from the following Utah Universities or professional development courses have already been pre-approved for credit towards the endorsement. If you have a course that is not pre-approved, list course number and course title on other row and include course description and/or syllabus with application.

University courses are reviewed and approved by agreement with USOE. You must have original university transcript(s) attached (internet transcripts are not acceptable) or your OnTrack transcript with the courses highlighted. Professional Development courses other than those offered by the USOE must be approved by the USOE Health Curriculum Specialist.

Health University Guide

Utah Health Education Endorsement

1. Personal Health/Wellness

_____BYU: HLTH 330, Principles and Practices of Health Promotion
_____SUU: PE 1098, Wellness Dynamics
_____U of U: HEdu 4200, Foundations of Health Education
_____USU: HEP 2500, Health and Wellness
_____UVU: HLTH 1100, Personal Health or
_____ HLTH 4050, Foundations of Health Education
_____WSU: HLTH 1030, Healthy Lifestyles or
_____ HLTH 3000, Foundations of Health Promotion or
_____ HLTH 3050, School Health Program
_____Other: _____
Course Title Site

2. Methods of Teaching Health

_____BYU: HLTH 381, Health Education Teaching Methods
_____SUU: PE 3720, Methods of Teaching Health Education
_____U of U: HEdu 4230, Health Teaching in Secondary Schools
_____USU: HEP 4400, Creative Methods of Teaching Health Education
_____UVU: HLTH 4200, Health Education Teaching Methods
_____WSU: HLTH 3200, Methods of Teaching Health Education
_____Other: _____
Course Title Site

3. Human Sexuality/Sex Education

_____BYU: HLTH 436, Human Sexuality Education in the Curriculum
_____SUU: PE 3750, Methods of Teaching Human Sexuality Education
_____U of U: HEdu 3000, Human Sexuality
_____USU: HEP 4500, Sexuality Education within the Schools
_____UVU: HLTH 2800, Human Sexuality
_____WSU: HLTH 3500, Human Sexuality
_____Other: _____
Course Title Site

4. Nutrition

_____BYU: NDFS 100, Essentials of Human Nutrition
_____SUU: NFS 1020, Scientific Foundations of Human Nutrition
_____U of U: NUTR 3550, Healthy Weight for Life or
_____ NUTR 4400, Nutrition Science
_____USU: NDFS 1020, Science and Application of Human
_____UVU: Nutrition NUTR 1020, Foundations of Human Nutrition
_____WSU: NUTR 1020, Foundations in Nutrition or
_____ HLTH 4420, Nutrition and Fitness
_____Other: _____
Course Title Site

5. Substance Abuse Prevention

_____BYU: HLTH 460, Substance Abuse Prevention
_____SUU: PE 3790, Drugs and Alcohol
_____U of U: HLTH 4180, Prevention Practices in Health Promotion
_____USU: HEP 3000, Drugs and Human Behavior
_____UVU: HLTH 2600, Drugs, Behavior and Society
_____WSU: HLTH 3400, Substance Abuse Prevention
_____Other _____
Course Title Site

6. Mental Health, Stress Management or Coping Skills

_____BYU: HLTH 383, Mind/Body Health
_____SUU: PE 2100, Wellness Concepts
_____U of U: HEdu 3160, Stress Management or
_____ HEdu 4350, Resiliency
_____USU: HEP 3400, Stress Management
_____UVU: HLTH 2400, Concepts of Stress Management
_____WSU: HLTH 1110, Stress Management or
_____ HLTH 2400, The Art of Emotional Wellness
_____Other _____
Course Title Site

7. Current 1st Aid/CPR Certification

_____All: Submit copies of both sides of certification cards.

Other: Human Sexuality Instruction- State Law and Policy

Required of all Utah Teachers of Human Sexuality **AFTER** hire.