

Application for the Utah State Office of Education Health Education Endorsement

Applicant Information

Name _____ Date Application Submitted _____

Cactus ID number _____

District _____ School _____

Major _____ Minor _____

Home Address _____

Home Phone _____ Work Phone _____

Email _____

MARK APPLICABLE BOX:

- Endorsement only - **\$25.00 fee**
- State Approved Endorsement Plan (SAEP) - **\$35.00 fee**
*Applicant must have a current license, be currently teaching in the endorsement area and have three required courses toward endorsement.
- This is an application for ARL or Out of State Licensure - **NO ADDITIONAL FEE NECESSARY**

Questions about endorsement:

Linda Mayne
Health and Physical Education Specialist
Utah State Office of Education
Phone: 801-538-7734
Email: linda.mayne@schools.utah.gov

**Send application, original transcripts,
and fee to:**

Utah State Office of Education
Teaching and Learning - Endorsements
250 East 500 South
P.O. Box 144200
Salt Lake City, UT 84114-4200

Two methods to earn the Secondary Health Education Endorsement

1. Completion of University and/or Professional Development courses approved by USOE
2. Demonstrated Competency

University and Professional Development Courses Approved by USOE

1. Current Utah teaching license
2. Completion of the six required courses (1) Personal Health/Wellness (2) Methods of Teaching Health (3) Human Sexuality/Sex Education (4) Nutrition (5) Substance Abuse Prevention (6) Mental Health, Stress Management or Coping Skills
3. Current First Aid and CPR Certification
Submit copies of both sides of certification cards with application
4. *Methods of Teaching Health* should be taken within five years of the application. All other coursework must be within ten years
5. If you wish to substitute an “other” course, you must provide a course description
6. Provide course number for each required course

Demonstrated Competency

1. Current Utah teaching license
2. Score of 162 or more on Health Education Content PRAXIS exam 5551
Information on all Praxis tests can be found on the website: www.ets.org/praxis. To register for a test, go to the website and click on the link: *Register for a Test*. To find information on the content of a particular test, click on the link: *Prepare for a Test*.
3. Completion of the following course work (1) Methods of Teaching Health Education (2) Human Sexuality/Sex Education (3) Nutrition
4. Current First Aid and CPR Certification
Submit copies of both sides of certification cards with application

Requirements Checklist

The courses listed from the following Utah Universities or professional development courses have already been pre-approved for credit towards the endorsement. If you have a course that is not pre-approved, list course number and course title on other row and include course description and/or syllabus with application.

University courses are reviewed and approved by agreement with USOE. You must have original university transcript(s) attached (internet transcripts are not acceptable) or your OnTrack transcript with the courses highlighted. Professional Development courses other than those offered by the USOE must be approved by the USOE Health Curriculum Specialist.

1. Personal Health/Wellness

_____	BYU:	HLTH 330	Principles and Practices of Health Promotion
_____	SUU:	PE 1098	Wellness Dynamics
_____	U of U:	HEdu 4200	Foundations of Health Education
_____	USU:	HEP 3100	School Health Programs
_____	UVU:	HLTH 1100	Personal Health
_____	UVU:	HLTH 4050	Foundations of Health Education
_____	WSU:	HLTH 1030	Healthy Lifestyles
_____	WSU:	HLTH 3000	Foundations of Health Promotion
_____	WSU:	HLTH 3050	School Health Program
_____	USOE:		Personal Health and Wellness

_____ Other: Course Title _____ # _____

2. Methods of Teaching Health

_____	BYU:	HLTH 381	Health Education Teaching Methods
_____	SUU:	PE 3720	Methods of Teaching Health Education
_____	U of U:	HEdu 4230	Health Teaching in Secondary Schools
_____	USU:	HEP 4400	Creative Methods of Teaching Health Education
_____	UVU:	HLTH 4200	Health Education Teaching Methods
_____	WSU:	HLTH 3200	Methods of Teaching Health Education
_____	USOE:		Methods of Teaching Health Education

_____ Other: Course Title _____ # _____

3. Human Sexuality/Sex Education

_____	BYU:	HLTH 436	Human Sexuality Education in the Curriculum
_____	SUU:	PE 3750	Methods of Teaching Human Sexuality Education
_____	U of U:	HEDU 3000	Human Sexuality
_____	USU:	HEP 4500	Sexuality Education within the Schools
_____	UVU:	HLTH 2800	Human Sexuality

____ WSU: HLTH 3500 Human Sexuality
 ____ USOE: Human Sexuality/Sex Education

____ Other: Course Title _____ # _____

4. Nutrition

____ BYU: NDFS 100 Essentials of Human Nutrition
 ____ SUU: NFS 1020 Scientific Foundations of Human Nutrition
 ____ U of U: NUTR 3550 Healthy Weight for Life
 ____ U of U: NUTR 4400 Nutrition Science
 ____ USU: NFS 1020 Science and Application of Human Nutrition
 ____ UVU: NUTR 1020 Foundations of Human Nutrition
 ____ WSU: NUTR 1020 Foundations in Nutrition
 ____ WSU: HLTH 4420 Nutrition and Fitness
 ____ USOE: Performance Nutrition

____ Other: Course Title _____ # _____

5. Substance Abuse Prevention

____ BYU: HLTH 460 Substance Abuse Prevention
 ____ SUU: PE 3790 Drugs and Alcohol
 ____ U of U: HLTH 4180 Prevention Practices in Health Promotion
 ____ USU: HEP 3000 Drugs and Human Behavior
 ____ UVU: HLTH 2600 Drugs, Behavior and Society
 ____ WSU: HLTH 3400 Substance Abuse Prevention
 ____ USOE: Substance Abuse Prevention

____ Other: Course Title _____ # _____

6. Mental Health, Stress Management or Coping Skills

____ BYU: HLTH 383 Mind/Body Health
 ____ SUU: PE 2100 Wellness Concepts
 ____ U of U: HEdu 3160 Stress Management
 ____ U of U: HEdu 4350 Resiliency

_____	USU:	HEP 2500	Health and Wellness
_____	UVU:	HLTH 2400	Concepts of Stress Management
_____	WSU:	HLTH 1110	Stress Management
_____	WSU:	HLTH 2400	The Art of Emotional Wellness
_____	DIXIE:	Psy 2430	Stress Management
_____	DIXIE:	Psy 3440	Child and Family Mental Health
_____	USOE:		Methods of Teaching Stress Management

_____ Other: Course Title _____ # _____

7. Current CPR/First Aid Card

_____ Copy attached

Other: Human Sexuality Instruction- State Law and Policy

Required of all Utah Teachers of Human Sexuality **AFTER** hire.

Alternative Route to Licensure (ARL) – Initial Licensure

1. Apply through ARL – Teacher Licensing Department.
2. Must complete University and Professional Development courses approved by USOE listed above (1 – 7).
3. Pass the Health Praxis Test # 5551 with a qualifying score of 162 or above.