Human Sexuality Instruction- State Law and Policy

Utah State Law requires that all teachers, regardless of content area, follow specific guidelines in teaching any aspect of human sexuality. The primary requirement is that all new and newly assigned teachers of human sexuality attend a state-sponsored in-service training illustrating State Law and State Office of Education Rule governing human sexuality curriculum and delivery, and to attend a follow-up or refresher training every three years. Trainings will be offered at district sites throughout the state of Utah and will be listed on the USOE Health and Science websites. Consent letters in a number of languages will also be available for downloading from either site.

Until the trainings take place, please remember to observe the following laws/rules in teaching any element of human sexuality in your curriculum.

- Stress the importance of abstinence from all sexual activity before marriage and fidelity after marriage
- At least two weeks prior to instruction, have the USOE consent form completed by parents- required for instruction that includes reproductive anatomy and health, contraception including condoms, human reproduction, HIV/AIDS, sexually transmitted disease and information on self-exams
- Have all program materials/curriculum and guest speakers supporting instruction on the topics listed above reviewed by the local district's human sexuality review committee
- Welcome parents to visit who wish to see the curriculum offerings before signing consent form
- Provide an alternate activity in a supervised place for students whose parents do not approve of the curriculum offerings
- The following may NOT be taught:
 - o the intricacies of intercourse, sexual stimulation or erotic behavior
 - o the advocacy of homosexuality
 - o the advocacy or encouragement of contraceptive methods or devices
 - o the advocacy of sexual activity outside of marriage
- Plan to attend an upcoming training!

If you are interested in becoming a trainer for your district or are in need of additional information, please contact:

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